

MINUTES
REMS CISM TEAM MEETING & TRAINING

Monday, July 14, 2014

7:00 p.m. REMS Office

Sign in Sheet:

The following members were present:

Debra Boyd, Lori Knowles, Laura Baxter, Dale Dickinson, Jayne Toellner, Angela Fines, Paul Peterson, Darrell English, Nina Brown, Ed Rodriguez, Melissa Krebs, Greg Leitz, Lynn Platt, Chris Jett, and Trisha Copeland

Old Business:

Update on letter to Rapidan region. Letter went to Wayne Perry for approval and to send out. Will send Wayne an email asking where it stands.

New Business:

Discussion regarding CISM recruitment for Rapidan - discussion about doing a social (at the bar area on the third floor) at Symposium. Tasked with talking to OEMS about whether this is possible. Also, the thought was to consider getting a booth for next year.

The ICISF has asked the team to assist a new Environmental Protection Team out of Springfield, VA., contact was made with Susan Brown, Approved ICISF Instructor, New Jersey SOS Peer Team. Contact for team is: Julie Lastra, Acting Deputy Director, Office of Criminal Enforcement, Forensics and Training, U.S. Environmental Protection Agency,

New Members:

No New Members

Call-Outs:

June 14 - Spotsylvania County (Pediatric Injury - MVA) - Defusing -Leitz, Copeland (10 Peer)

July 4 - Stafford County (CPR) - Copeland (1:1)

July 4 - Spotsylvania County (Pediatric Drowning) (Copeland, Platt)

July 6 - Stafford County (Pediatric Drowning) Copeland, Krebs, Jett
Jett - Stafford Hospital (7 Fire/EMS)

Copeland/Krebs (Scene) (9 Lifeguards - 6 Parents)

July 7 - Stafford County (Pediatric Drowning) 1:1

REMINDER: It was agreed that we would be meeting **EVERY OTHER MONTH**; these meetings would now encompass both a regular membership meeting and a training meeting.

July 8 - Stafford County (Pediatric Drowning) 1:1

July 9 - Stafford County (Pediatric Drowning) 1:1

July 9 - Spotsylvania County (Pediatric Drowning - 7/4) - Defusing - Jett, Leitz Boyd

Training:

July Training: Melissa Krebs and Greg Leitz - Crisis Management Briefing from the 04/28/14 - Spotsylvania - Line of Duty Death

September Training - Law Enforcement - Paul Peterson

Adjournment: Meeting was adjourned at 8:00 p.m.

Next Meeting: Monday, September 8, 2014 - 7:00 p.m., REMS

MINUTES
REMS CISM TEAM MEETING & TRAINING

Monday, September 8, 2014

7:00 p.m. REMS Office

Sign in Sheet:

Dale Dickinson, Robert Eaby, Robert Eves, Angela Fines, Michelle Gibons, Chris Jett, Robert Parsons, Paul Peterson, Lynn Platt, Peter Shoars, Christopher Truslow, Robert Zink and Patricia Copeland

Old Business:

Update on letter to Rapidan region. Letter went to Wayne Perry for approval and to send out. Will send Wayne an email asking where it stands. Wayne said that *"It was sent out, also faxed to the PD agencies for the region ... I don't know the exact date."*

Chris Jett stated that REMS could set up a meeting at the Brandy Station (Brandy Station Volunteer Fire Department, 19601 Church Road RD, Brandy Station, VA 22714) - for Tuesday, October 21, 2014 at 7:00 p.m., he would go and have an initial meeting with everyone from the Rapidan area. If anyone would like to go with him, please let him know.

Last month I was tasked with asking OEMS as to whether we can get meeting space for a CISM Meet and Greet at the Symposium. Spoke to Karen Owens at OEMS (she is in charge of CISM) - below is her email to me:

Two things for you to give your members tonight for them to decide on. First do you want a specific room setup just chairs, tables and chairs, classroom setting? Also do you have an estimate as to how many people you would think would come through an hour long from 530 to 630 on Thursday night do you believe that would be enough time? I was thinking we could advertise it as a meeting Greek open house between 530 and 630 people come and go later that might increase the numbers only for current members but also for anyone interested in joining.

New Business:

Are we putting in for a grant to use to train the Rapidan area? If so, how much are we asking for? Chris Jett said probably \$10,000 - that way we could offer a class here as well.

New Members: No New Members

Call-Outs: No New Call-Outs.

REMINDER: It was agreed that we would be meeting **EVERY OTHER MONTH**; these meetings would now encompass both a regular membership meeting and a training meeting.

Training:

September Training - Law Enforcement - Paul Peterson - discussion regarding Departments in-house "Peer-to-Peer Teams".

November Training - Paul Peterson

Next Meeting: Monday, November 10, 2014 - 7:00 p.m., REMS

REMS CRITICAL INCIDENT STRESS MANAGEMENT TEAM

Membership Meeting Minutes

January 12, 2015

Members Present: Debra Boyd, Nina Brown, Patricia Copeland, Dale Dickinson, Robert Eves, Michelle Gibbons, Christine Hammond, Barry Jacobs, Chris Jett, Mark Kuechler, Lori Knowles, Bob Parsons, Melissa Krebs, Tyler Savage, Pete Shoars, Bob Zink

New Business:

- Spoke to Coordinator for UVA Culpepper Hospital regarding putting together a review concerning CISM - email sent 11/20.
- Spoke to the EMS Coordinator for Spotsylvania Regional Hospital regarding CISM service; also spoke to their HR Director.
- Asked by President Kevin Dillard to contact Mary Washington Hospital - they stated they were interested as well.
- March 2015 - need to update our ICISF Membership.
- March 2016 - Need to renew Accreditation with OEMS.
- Individual Crisis Intervention Class in Fredericksburg, VA (Angela Fines).
- Putting together a Family Support Program.

Old Business:

Chris Jett went to the meeting on Tuesday, October 21, 2014 at the Brandy Station (Brandy Station Volunteer Fire Department, 19601 Church Road RD, Brandy Station, VA 22714) , but no one showed up (Chris Jett).

Taught Suicide Awareness at Symposium and Group Crisis Intervention Class in Fairfax, VA.

New Members:

Tyler Savage (ICISF Group trained) - OEF Combat Veteran Peer Support Specialist/VA Wounded Warrior Program/NWCSB/ Dept. of Veterans Services

Call-Outs:

- 10/26 - Spotsylvania Social Services - CPR - Defusing (3)
- 11/11 - Culpepper Communications - Defusing (call came in 11/08) (5)
- 11/11 - Spotsylvania Regional Hospital - Pediatric Death
- 11/17 - Stafford County - Pediatric Death - Defusing (4)
- 11/28 - Culpepper Sheriff's Office - Defusing (call came in 11/25) (4)

Training:

Presentation: Tyler Savage - on the Veterans Peer Support Program

Membership & Training Meeting: Next meeting: **Monday, March 9th at 7:00 p.m. at REMS.**

Trisha Copeland
Team Coordinator

REMS CRITICAL INCIDENT STRESS MANAGEMENT TEAM

Membership Meeting Minutes

March 9, 2015 - 7:00 PM

Present: Debra Boyd, Dale Dickinson, Robert Eaby, Andrew Wilkins, Patricia FitzGerald and Patricia Copeland (Mark Kuechler and Greg Leitz in Culpepper for Defusing - excused)

New Business:

- A grant was sent to REMS for \$3,618.54 for QuickSeries (“Stress Management for Emergency Personnel”)
- I am putting the team in for the REMS Regional Health & Safety Award - so any Outreach that you do, please let me know so I can put it in our letter
- ICISF 13th World Congress will be held May 11-16, 2015 in Baltimore, MD. Pre-Congress: Monday- Wednesday, May 11-13, 2015; Main Congress: Thursday-Saturday, May 14-16, 2015 (See online registration at <http://www.cvent.com/events/icisf-s-13th-world-congress-on-stress-trauma-coping/event-summary-65dbfcf0b656459a97f47657cdc13368.aspx?i=90bd3acf-0782-4a3a-b300-aece939d9740>)
- Ask to do a presentation on Critical Incident Stress to the AH lifeguards when they return for the season. Contacted Stafford County Parks & Recreations and offered to do the same for their seasonal lifeguards; they then asked if we would just do it for all of their personnel - on Wednesday, March 4, 2015 we presented CISM to two different groups (35 people) - we have been asked to do the lifeguards at a later date
- Received a call from Culpepper Committee asking if I would come down to a meeting (at my convenience) to present what they have to do to get a team up and running - (and what would be expected of them as part of our team) I am going to go down April 25 at 7:00 p.m.
- Conversation regarding asking Lifecare if they would be able to send out text messages to people when there is a request for assistance

Old Business:

- The ICISF Team Membership and Team Listing were updated in February 2015
- REMINDER: Teaching an “Assisting Individuals in Crisis” at Fredericksburg PD on March 21 & 22

New Members:

Howard Coleman - Orange County Paramedic
Brienna Thompson - Mental Health Counselor - Fredericksburg (Stafford Fire & EMS)
Andrew Wilkins - Essex County Fire & Rescue

Call-Outs:

- 01/13 - Spotsylvania Fire & Rescue - Defusing (call came in on 01/12) (15 attendees -5 Dispatchers/1 Chaplin/10 Fire/EMS (Career & Volunteer)
- 03/08 - Culpepper (Salem Rescue) - called regarding a CPR on a member - member ended up being taken off life support - Greg Leitz and Mark Kuechler are going to Culpepper 3/9 for a defusing for response personnel (5/2)

Training:

Presentation: Defusings

Membership & Training Meeting: Next meeting: Monday, May 11th at 7:00 p.m. at REMS.

Trisha Copeland
Team Coordinator

REMS CRITICAL INCIDENT STRESS MANAGEMENT TEAM

REMS CISM Team Meeting

May 11, 2015 - 7:00 pm

Members Present: Robert Eaby, Patricia FitzGerald, Melissa Krebs, Mark Kuechler, Paul Peterson, Ed Rodriguez, Peter Shoars, Barry Taylor, Brienna Thompson and Patricia Copeland (Rebecca Cunningham - potential new member)

New Business:

- There was discussion regarding setting up an on-line calendar so that people can sign up their availability - Bri Thompson has graciously offered to put this together for the next meeting
- There is a request from Winchester EMS Council to teach Individual, Group and Suicide Awareness (05/06); going to try and have it in between Winchester and Culpepper so that we can get Culpepper in as well
- Put the team in for the ICISF Excellence in Training and Education
- REMS Health and Safety Award - put the team for this award - Spotsylvania wrote one of the nicest letters I have ever seen - if we win, it will be because of that letter
- I went out to Culpeper on Saturday, April 25 to discuss CISM and putting a Team together - 8 people showed up
- Sunday, May 17th we will do a CISM Awareness Class with all of the new seasonal lifeguards for Stafford County's Park & Rec. Department (if anyone would like to join us)

Old Business:

- Taught an Assisting Individuals in Crisis at Fredericksburg PD on March 21 & 22; which received 3 new members - 2 Officers and 1 Dispatcher
- A grant was sent to REMS for \$3,618.54 for QuickSeries ("Stress Management for Emergency Personnel")
- On Wednesday, March 4th Melissa Krebs and I taught a Critical Incident Stress Awareness class to Stafford County Parks & Recreations Department - we held one session in the morning and one in the afternoon - total of 35 people.

New Members:

- Desiree David (Fredericksburg Dispatcher)
- Barry Taylor (Lt. Fredericksburg Police Department)
- Christopher Reyes (Fredericksburg Police Department)
- Kimberley Barley (Louisa County Dispatcher).

Call-Outs:

03/26 - Stafford County - Request for Incident in Southwest Virginia (Lost child)
(English)
04/06 - Culpepper Volunteer Rescue Squad - Defusing (call came in 04/03) - 6 EMS
(Copeland)
04/06 - Orange - Drowning (Presidential Resorts) - 1:1 (Leitz)
04/07 - Orange - Drowning - 1:1 (Kuechler)

Training:

In March we had a discussion on EPA's and what they offered - Mark Kuechler was researching it for Spotsylvania and let us know what his findings were

**Membership & Training Meeting: Next meeting: Monday, July 13th at 7:00 p.m. at
REMS.**

Trisha Copeland
Team Coordinator