

**Rappahannock EMS Council**  
**CISM Team Meeting**  
**July 19, 2010**

Meeting called to order at 7:00p.m. by Chris Jett at the Rappahannock EMS Council Training Center.

**Attendance:** Jayne Toellner, Mark Kuechler, Melissa Krebs, Doug Albrecht, Angela Fines, Melissa Woods, Brett Locklair, Bill Wood, Chris Jett, Dale Dickinson, Joseph Scott Baker, Paul Peterson, Beth Haizlip, and Trisha Copeland were in attendance

June minutes read and approved by majority vote.

**Old Business:**

- BSA Jamboree – Chris Jett to send email to all team members requesting their on-call availability during the event. A master list will be created to ensure a streamlined call out process if needed.
- Spotsylvania County Update – Melissa Krebs provided information, no unmet needs at this time
- Doug Albrecht reports good progress on tracking down old members and others with certifications – will provide the team coordinators with a final copy at next month's meeting

**New Business:**

- Calls outs since last meeting – none
- September Training Topic – Dealing with grief – Bill Wood and Melissa Krebs working on presenters

**Good of the Order:**

- CISM training is being provided at the annual EMS Symposium in VA Beach in November 2010

Business meeting adjourned at 7:15p.m.

VA OEMS MCI I training course presented by Trisha Copeland

Training concluded at 8:15p.m.

Next Meeting – August 16, 2010 – REMS Office – 7:00p.m.

**Rappahannock EMS Council**  
**CISM TEAM MEETING MINUTES**  
**Monday, August 16, 2010**

Meeting called to order at 7:00p.m. by Patricia Copeland at the Rappahannock EMS Council Training Center.

**Attendance:** Chris, Jett, Pat Fitzgerald, Greg Leitz, Mark Kuechler, Angela Fines, Paul Peterson, Melissa Krebs, Doug Albrecht, Ed Rodriguez, Dale Dickinson, Ron Knight and Patricia Copeland

Minutes of July's meeting were approved by membership.

**Old Business:**

**Boy Scout Jamboree** -went off without any need for the Team. Thanks to everyone who provided times when they would be available if needed. The only incident they had was on the last day, a death by natural causes.

**September Training** - Bill Woods volunteered to look into getting a grief counselor to come in and speak. If this falls through, Doug Albrecht offered to get in touch with Henry Griffin to see if he would like to come in and speak. The location will be at the Fredericksburg Police Department.

**Research Project** - Doug Albrecht researched past members, who the team has not heard from. They contacted the members to see if they were still interested in being part of the team. He came up with approximately 20 members who received certification between 2000-2004.

**New Business:**

**Training Opportunity** - The EMS Symposium is November 10-14 in Norfolk, VA. The CISM classes offered are.

- Individual Crisis Intervention and Peer Group Support and Group Crisis Intervention (3 day class) (11/10-11/12)
- Suicide: Prevention, Intervention and Postvention (2 day class) (11/10-11/11)
- Taking Care of Our Own: Contemporary Approaches to Behavioral Health in Fire and EMS Organizations (CISM -303) (11/12)

Also need to talk to Tina about doing a CISM program in schools (ones that have EMT classes), which Spotsylvania already does.

**Call-Outs - 2010:**

1. **Caroline County (3/21)** - Fatality/pediatric entrapment  
Patricia Copeland; Greg Leitz; Jayne Toellner; Paul Peterson
2. **Spotsylvania County (4/13)** - Individual  
Paul Peterson; Ron Thayer
3. **Spotsylvania County (4/18)** - Double fatality  
Greg Leitz; Doug Albrecht; Mark Kuechter; Linda Harris
4. **King George County (5/19)** - MVA 4 teenagers/1fatality  
Patricia Copeland, Greg Leitz, Paul Peterson, Bill Hyer, Angela Fines & Lisa Ringles
5. **Colonia Beach (5/23)** - Drowning (Jr. Rescue Squad Member)  
Robert Eves
6. **Spotsylvania County (5/19)** - Deputy killed in boating accident  
Paul Peterson, Beth Haizlip, Patrick Kelly, Ron Thayer, Scott Worley
7. **Stafford County (8/16)** - Individual member request. Melissa Krebs

**Next Meeting:** Next meeting will be held at Fredericksburg Police Department on Monday, September 20, 2010 at 7:00 p.m.

**Adjournment:** Meeting was adjourned at 7:45 p.m.

**Rappahannock EMS Council  
CISM TEAM MEETING Minutes  
Monday, September 20, 2010**

The meeting was called to order at 7:00p.m. at the Fredericksburg Police Department, 2200 Cowan Boulevard, Fredericksburg.

No business was conducted as this was a training class. Two new members, Rev. Raymond A. Bell, Jr. and Lynn Platt were welcomed to the team.

Sharron Simpson, Bereavement Coordinator with Hospice Support Care, gave a presentation on Grief Management and counseling and answered questions. The team found the information and Sharron to be extremely useful educational resources. They hope Doug Albrecht will invite her again.

**Next Meeting:**

Next meeting will be held at the Rappahannock EMS Council on Monday, October 18, 2010 at 7:00 p.m.

**Rappahannock EMS Council  
CISM Team Meeting  
Monday, October 18, 2010**

Meeting called to order at 7:00p.m. by Trisha Copeland at the REMS Council Training & Simulation Center.

**Attendance:** Chris, Jett, Angela Fines, Paul Peterson, Dale Dickinson, Darrell English, Jayne Toellner, Lynn Platt, Robert Eves, Raymond Bell and Trisha Copeland

**New Business:**

The Team talked about needing to get more clinicians on board. We cannot put ourselves out there for ICISF if we do not have more clinicians willing to participate with us. Trisha is holding off on turning in the ICISF application until we have more clinicians. Will follow up with the one from Spotsylvania.

The Team discussed looking into grant money opportunities. Would like to put together a CISM Group and Individual training class, but cannot do so without funds. There was discussion about going out to our peers and asking the individual fire/rescue squads for donations, since they are our targeted group. Up until now, the individuals on the team have shouldered many expenses - if we want to put on any classes, we need to come up with a way to collect some funds. Pastor Bell offered to go to community groups (Churches, etc.). We decided to put together a letter talking about the history of REMS and the team, what our purpose is and outline what we need. Groups that we discussed about going to were: Lions Clubs, Eagles, Fire & Rescue, Police Departments, Sheriff's Offices, etc.

**Call-Outs - 2010:**

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Robert Eves

6. **Spotsylvania County (5/19)** - Deputy killed in boating accident  
Paul Peterson, Beth Haizlip, Patrick Kelly, Ron Thayer, Scott Worley
7. **Stafford County (8/16)** - Individual member request. Melissa Krebs
8. **Stafford County (9/28 )** -Individual member request (DOA) - Dale Dickinson

**Old Business:**

**Melissa:** To follow up on sending CISM presentation for the schools to Tina/REMS.

**Next Meeting:**

**November Training** - The training for November will be Law Enforcement Survival. Angela Fines will be putting together the presentation. It will be held at REMS.

**Adjournment:**

Meeting was adjourned at 7:45 p.m.

**Rappahannock EMS Council  
CISM Team Meeting  
November 15, 2010**

Meeting called to order at 7:00p.m. by Patricia Copeland at the Rappahannock EMS Council Training Center.

**Attendance:** Chris Jett, Melissa Krebs, Dale Dickinson, Pat FitzGerald, Denise Weaver, Lynn Platt, Rev. Raymond Bell, Jr., Trisha Copeland

**New Business:**

Tricia Copeland spoke to Karen Owens, VA Office of EMS, regarding the Strike Teams. They are putting together Accreditation Standards for CISM Teams. In order to participate with the State, the teams must meet the minimum standards. Fortunately, our team has been one of the only teams that has remained active. That includes Team Meetings and Trainings – in order to be used for the State Team, the Team members must be active.

Tricia also spoke to Karen about getting money to put on trainings. She stated that we should put in for a grant because there is money for such things. Chris Jett said he would look into putting together a grant for the next grant cycle.

**Training:**

Melissa Krebs did an excellent power point on "*CISM in Law Enforcement*".

**Next Meeting:**

There will be NO meetings in December because of the holidays. The next meeting will be January 17, 2011.

**Adjournment:**

Meeting was adjourned at 8:15p.m.

**Rappahannock EMS Council  
Rappahannock CISM Team Meeting  
January 17, 2010**

**Attendance:** Patricia Copeland, Melissa Krebs, Douglas Albrecht, Kenneth Blevins, Dale Dickinson, Robert Eves, Henry Griffin, Christopher Jett, Greg Leitz, Kevin Butler, Judy Little, Debbie Schreck,

The meeting was called to order at 7:30pm at Stafford Fire Company 2.

The team gathered to talk about Charlie Robertson's passing on Saturday, January 16, 2010 and how it affects them as a team. Everyone was assured that the Team was still going to go on as a business as usual and that nothing would change in who handled what areas: Melissa Krebs is still the Point-of-Contact for Stafford and Greg Leitz is still the Point-of-Contact for Spotsylvania. Patricia Copeland is now the Chairman and Melissa Krebs will be the Assistant Team Coordinator. Those in attendance reviewed the Contact List to assure their information was correct.

Future meetings will continue as previously scheduled with a Suicide Intervention In-Service training on February 24<sup>th</sup> and a State Strike Team Training on March 17<sup>th</sup>.

LifeCare Medical Transports was contacted by Melissa to update their 24/7 contact list with removing Charlie Robertson and placing Patricia as lead contact for the REMS CISM Team region.

The meeting closed at 8:30pm.



**Rappahannock EMS Council**  
**CISM Team Training**  
**Monday, February 21, 2011**

Meeting called to order at 7:00 p.m. by Patricia Copeland, Team Leader, at the Rappahannock EMS Council. Minutes from the November meeting were approved as written.

**Attendance:** Chris Jett, Melissa Krebs, Lynn Platt, Jayne Toellner, Paul Peterson, and Trisha Copeland

**Old Business:**

Discussed submitting a RSAF Grant for training funds. The grant is due to the State Office of EMS by March 15, 2011 so it needs to be finished this week so Carolyn Marsh with REMS can look it over and make any suggestions. After some discussion regarding amount the group decided to request \$15,000. These funds would be used to hold ICISF Basic and Advanced classes in Stafford County. Also discussed using funds for team members to go next year to the ICISF Conference being held this week in Baltimore, Maryland.

There was some discussion about other training that people could attend that does not cost - e.g., MADD holds conferences as well as COPS.

**Call Outs:**

- 1) Lake of the Woods for a house fire - 1 fatality (Copeland, Rodriguez, Platt, Kuechler; & Kolao)
- 2) One-on-One Request through Kevin Dillard (Judy Little)

**Training:**

Next month's training will be the video "Warn Torn", a video regarding PTSD in soldiers.

**Next Meeting:**

This will be a training night - Monday, March 21, 2011 - 7:00 p.m. at REMS.

**Adjournment:**

Meeting was adjourned at 8:00 p.m.

**Rappahannock EMS Council**  
**CISM Team Training**  
**March 21, 2011**

**Attendance:** Heriberto Rodriguez, Patricia FitzGerald, Melissa Krebs, Chris Jett, Mark Kuechler, Melissa Wood, Darrell English, Lynn Platt, Greg Leitz, William Her, Paul Peterson, Doug Albrecht, Jayne Toellner and Patricia Copeland.

Meeting was called to order at 7:00p.m. by Patricia Copeland, Team Leader, at the REMS Council Training Center.

The purpose of this month's training meeting was to watch the video "War-Torn 1861-2010" DVD from HBO. It was an extremely eye-opening piece on wartime PTSD. The team stated it should be watched by all members. A discussion regarding the video was held after.

Discussed the RSAF Training Grant submitted to OEMS for \$12,000 with the assistance of Debby Loveless and Carolyn Marsh. Should the grant be awarded discussed which classes should be conducted so the team would get the most benefit.

The next regularly scheduled meeting will be **Monday, April 15, 2011, 7:00p.m.** at the REMS Council Training Center.

Meeting adjourned at 8:30p.m.

**Rappahannock EMS Council**  
**CISM Team Training**  
**April 18, 2011**

**Attendance:** Chris, Jett, Lynn Platt, Greg Leitz, Doug Albrecht, Paul Peterson, Angela Fines, Mark Kuechler, Pat FitzGerald and Trisha Copeland

Meeting was called to order at 7:00 p.m. by Patricia Copeland, Team Leader at the REMS Council Training Center. Minutes of the March meeting were approved as written.

**Old Business:**

RSAF Grant was submitted through the REMS Council by the March 15<sup>th</sup> deadline. Greg Leitz was present at the Grant Committee meeting on April 11<sup>th</sup> to discuss and answer any questions raised regarding the grant. The amount requested was \$12,500. Discussion ensued on regarding what kind of classes to put on if grant is funded.

**Training:**

The next training will be May 16<sup>th</sup>. Patricia Copeland was tasked to request Karen Owens from the State Office of EMS to attend and talk about where the State CISM Teams are heading in the future. She will contact her.

**Call Outs:**

2 call-outs for the same squad. One request was handled by a one-on-one; second request for same person was handled by Greg Leitz and Mark Keuchler.

Discussion ensued on regarding what to do when the request becomes a critique of a providers care.

**Adjournment:**

Meeting was adjourned at 7:35 p.m.

**Rappahannock EMS Council**  
**CISM TEAM TRAINING**  
**May 16, 2011**

**Attendance:** Chris, Jett, Lynn Platt, Greg Leitz, Doug Albrecht, Paul Peterson, Mark Kuechler, Jayne Toellner, Ronald Knight, Melissa Krebs, Dale Dickinson, Mike Harvey and Trisha Copeland

Meeting was called to order at 7:00 p.m. by Patricia Copeland, Team Leader, at the REMS Council Training Center. Minutes of the April meeting were approved as written.

**New Business:**

Discussed changing the meetings to every other month - one month training, next month membership meeting. Originally it was a membership decision to make the meetings every month after Charlie Robertson's death, but the membership feels the team is running well enough to go to every other month. If anyone not at the meeting has an opinion, please inform Trisha Copeland.

**Old Business:**

Greg Leitz updated everyone on the grant - he said that he heard it had rated high. We will find out where we stand end of June first of July. Discussion on what forums (symposium/ICISF) will be acceptable for grant money usage. Members would like copies of the pre-symposium handout.

**Training:**

The next training will be June 20th. Karen Owens from OEMS will be coming to update everyone on where the CISM Strike Teams stand, and how the process will be changing. She was unable to make the May meeting, so the training meeting was switched with June in order to accommodate Karen.

**Call Outs:**

There was a call-out for Quantico for a pediatric death. The call came in and they asked that it be handled that evening. Trisha Copeland went with Lynn Platt. Greg Leitz was prepared to handle the provider who was unable to make the Thursday evening defusing.

**Adjournment:**

Meeting was adjourned at 7:45 p.m.

**Rappahannock EMS Council**  
**CISM TEAM TRAINING**  
**June 20, 2011**

**Attendance:** Lynn Platt, Doug Albrecht, Paul Peterson, Mark Kuechler, Melissa Krebs, Dale Dickinson, Heriberto Rodriguez, Bill Wood, Angela Fines, Patricia Fitzgerald, Denise Weaver, Darrell English and Trisha Copeland

Meeting called to order at 7:00 p.m. by Patricia Copeland, Team Leader, at the REMS Council Training Center.

**Training:**

Karen Owens, Emergency Operations Assistant Manager, conducted a presentation on where the CISM Teams are going. Part of her job is to manage the teams whenever there are EMAC requests. She stated that the Teams were going to have to be “Accredited” and gave us the “Minimum Standards”. Every member will have to fill out the Membership Form included in the minimum standards. Please remember if you do not attend the minimum number of Meetings and Training - you will not be eligible for the state team. Also, every member must have IS 100, IS 200 and IS 700.

<http://training.fema.gov/IS/>

[IS-100.b - \(ICS 100\) Introduction to Incident Command System](#) [IS-200.b \(ICS 200\) ICS for Single Resources and Initial Action Incidents](#) [IS-700.a National Incident Management System \(NIMS\), An Introduction](#)

Karen also stated that a good class is the American Red Cross Psychological First Aid. Trisha Copeland emailed the Red Cross to discover what has to be done to become an Instructor in this class - she will let the team know when she knows more.

**Adjournment:**

Meeting was adjourned at 8:10 p.m. Next meeting will be **Monday, July 18, 2011 - 7:00 p.m.**, REMS Council Training Center.