

Rappahannock EMS Council
CISM TEAM TRAINING
August 15, 2011

Attendance: Doug Albrecht, Paul Peterson, Mark Kuechler, Melissa Krebs, Bill Wood, Patricia Fitzgerald, Chris Jett, Ronald Knight, Aaron Montana and Trisha Copeland

Meeting called to order at 7:00 p.m. by Patricia Copeland, Team Leader, at the REMS Council Training Center.

Old Business

There was discussion regarding the grant - what was the best way to spend the money on training. If there were new members that needed to be trained, the Symposium in Norfolk would offer the basic classes. For members who have had all of the basic training, the ICISF Conference in Baltimore in February would be the best for the money. Trisha Copeland was tasked with bringing back information on both the Symposium and ICISF conference to the meeting in September to including information on how to become ICISF instructors.

It was agreed that in January the membership roster would be gone over and those members who had not attended the required amount of meetings would be taken off the roster.

Everyone was encouraged to fill out the application for the State Team - but that those who did not attend meetings needed to understand that it was a requirement of the State that they be attending regular team meetings.

It was agreed at the last meeting that we would be meeting **EVERY OTHER MONTH**; these meetings would now encompass both a regular membership meeting and a training meeting. We will have a meeting **SEPTEMBER 19, 2011** and then the next meeting will be **NOVEMBER 21, 2011**.

New Business

Aaron Montana introduced himself as a new member (Spotsylvania) - he is interested in going to the symposium for the basic training.

Call-Outs

We had one call-out this month. King George: asked to go to the scene of an MVA where a State Trooper was killed.

Adjournment:

Meeting was adjourned at 7:45 p.m.

Next meeting will be Monday, September 19, 2011 - 7:00 p.m., REMS Council Building.

Rappahannock EMS Council
CISM TEAM MEETING & TRAINING
September 19, 2011

Attendance: Doug Albrecht, Paul Peterson, Mark Kuechler, Melissa Krebs, Chris Jett, Jayne Toellner, Aaron Montana and Trisha Copeland

Meeting was called to order at 7:00 p.m. by Patricia Copeland, Team Leader, at the REMS Council Training Center.

Old Business

Per the discussion at the August meeting, brochures were handed out for the 2011 Virginia EMS Symposium and the ICISF World Conference - which will be held in February 2012 (new brochure not out yet). It was discussed that new people who have no CISM training, should go to the Symposium in November to get the basic class. Trisha Copeland was tasked with finding out what the cost would be for a group of at least 15 people. Does ICISF have a group rate? Everyone was told that they would have to double up at the hotel in order to save cost - what would cost be for approximately 8 rooms. There was discussion regarding what classes should be taken.

REMINDER

It was agreed at the last meeting that we would be meeting **EVERY OTHER MONTH**; these meetings would now encompass both a regular membership meeting and a training meeting. The next meeting will be **NOVEMBER 21, 2011**.

New Business

No new business.

Call-Outs

No call-outs for August.

Adjournment:

Meeting was adjourned at 7:45 p.m.

Next meeting will be **Monday, November 21, 2011** - 7:00 p.m., REMS Council Building. Chris Jett will do a training presentation on either chemical suicides or Psychological Trauma after Trauma.

MINUTES
REMS CISM TEAM MEETING & TRAINING

Monday, November 21, 2011

7:00 p.m. REMS

Sign in Sheet:

The following members were present: Doug Albrecht, Paul Peterson, Chris Jett, Patricia Fitzgerald, Heriberto Rodriguez, Dale Dickinson, Lynn Platt, Darrell English, Angela Fines, Robert Eves, Debra Bryd and Trisha Copeland

Meeting called to order at 7:00 p.m.

Old Business: Per the discussion at the September meeting, I spoke to Terri Pazornick, Education and Training Manager of the International Critical Incident Stress Foundation regarding what she thought would be the most beneficial use of the grant funds. She stated that it would cost approximately \$5000 for 25 people and \$10,000 for 50 people to hold ICISF classes with an ICISF Instructors. She stated that the best use of the funds would be to send the active personnel to an ICISF sponsored Conference (the Main Congress - which use to be held every year, if now held every other year - next being 2013 - not 2012). She stated there would be one coming up in May/June in Columbia Maryland - there are other conferences out of state. This way everyone could go take the classes they need. There was further discussion as to if this is what everyone wanted to do. Everyone thought this would be the use of the grant, since there is no guarantee if we held a three day course, that out of those 25 people that we would get any members who would stay. Patricia Copeland said she would bring the conference information to everyone when it was received from ICISF.

New Business: New Member: Debra Byrd. Debra is a Chaplin who is interested in joining the team. Dale Dickinson questioned about whether or not we had spoken to anyone with the Military and offered our services to them with all of the military personnel returning from overseas. Patricia stated that we had not, Charlie Robertson was the one with the military contacts, but she would look into it.

Call-Outs: No call-outs for August. With Bob Eves present, he spoke regarding the Trooper death in June, and thanked the team for coming out. He also gave us some insight into how the State Police CISM Team Debriefing went.

Training: Chris Jett gave a 45 minute presentation on CISM for Auto Accidents. January's Training will be SCENES OF COMPASSION, A Responder's Guide for Dealing With Emergency Scene Emotional Crisis.

Adjournment:

Meeting was adjourned at 8:30 p.m.

REMINDER: It was agreed that we would be meeting **EVERY OTHER MONTH**; these meetings would now encompass both a regular membership meeting and a training meeting. The next meeting will be **JANUARY 16, 2012**.

MINUTES
REMS CISM TEAM MEETING & TRAINING

Monday, January 16, 2012
7:00 p.m. REMS

Sign in Sheet:

The following members were present: Doug Albrecht, Paul Peterson, Patricia Fitzgerald, Dale Dickinson, Lynn Platt, Darrell English, Robert Eves, Jayne Toellner, Mark Kuechler, Michele Griffin, Melissa Krebs, Bryan Berger (new member) and Trisha Copeland

Meeting called to order at 7:00 p.m.

Old Business: Per the discussion at the November meeting, I have spoken with ICISF, they stated that their Columbia, Maryland Conference would be held June 28-July 1. They are aware that we must have our funds spent by June 30. They stated that as soon as they get the class schedule out, they will send it to us. They will cash our check as soon as they get it. Trisha will look into the cost of the hotel.

Trisha Copeland and Doug Albrecht are handling getting the Accreditation prepared for the State CISM Team. Doug Albrecht went through the REMS files to see what certifications everyone had in their files. A spreadsheet was made so that we could track what classes everyone has taken and whether the minimum requirements had been met. Trisha Copeland was making sure that all of the Accreditation steps were being met.

New Business: New Members: Michele Griffin and Bryan Berger

Call-Outs: One call-out for December. Bob Eves went down to speak to a corrections officer who was on-scene of the trooper who was shot on I-95

Training: Trisha Copeland a 45 minute presentation on SCENES OF COMPASSION, A Responder's Guide for Dealing With Emergency Scene Emotional Crisis. Doug Albrecht will handle training for March 19th.

Adjournment: Meeting was adjourned at 8:30 p.m.

REMINDER: It was agreed that we would be meeting **EVERY OTHER MONTH**; these meetings would now encompass both a regular membership meeting and a training meeting. The next meeting will be **March 19, 2012**.

**Rappahannock EMS Council
Rappahannock CISM Team Meeting & Training
March 19, 2012**

Attendance: Doug Albrecht, Paul Peterson, Patricia FitzGerald, Lynn Platt, Michele Griffin, Bryan Berger, Ed Rodriguez, Chris Jett, Greg Leitz, Debra Boyd and Patricia Copeland

Meeting was called to order by Team Leader, Patricia Copeland, at the REMS Council Training Center at 7:00p.m.

Old Business:

At the present time the ICISF has not put the listed classes for the June 28 – July 1 conference on their website. Patricia needs a list of people who are planning on attending the conference so that Greg Leitz can do a budget.

Presently the REMS CISM Team has two clinicians (which is the state minimum) with their state applications filled out. We are now waiting on the members who fulfill the state requirements to turn in their paperwork. As a team we are able to fulfill all the requirements for state accreditation. There was a question as to what classes Chaplin's would have to have in order to fulfill the state requirement. Trisha will contact the state and find out. If you are interested in joining the State Team, please let Trisha Copeland know. One of the criteria is that you must be attending Team Meetings and Training.

New Business

Lynn Platt is handling ordering REMS CISM shirts (same color-Navy-and logo). The cost is \$20 for S-XL and \$22 for XXL. If you are interested in ordering a shirt, please let Lynn know (rescue_dad@verizon.net).

For those **ACTIVE members who do not have ID badges, the next meeting, May 19th, will be held at the Fredericksburg Police Department**

Per the teams' request, the Rappahannock CISM Team is now officially listed on the ICISF website as a functioning team for referrals. (<http://icisf.org/cism-teams/cism-team-listing>)

No new members.

Call-Outs: No call-outs.

Training:

Doug Albrecht did a presentation entitled "Hurricane Floyd '99: Some Stress Management Issues Encountered". If you are interested in receiving his handout, please let Trisha know. Training for the May meeting will be presented by Paul Peterson on Monday, May 19, 2012 at the Fredericksburg Police Department.

Adjournment: Meeting was adjourned at 8:30p.m.

REMINDER: It was agreed that meetings would be held every other month and the meeting would now encompass both a regular membership meeting and training. The next meet will be **Monday, May 19, 2012 at the Fredericksburg Police Department.**

MINUTES
REMS CISM TEAM MEETING & TRAINING

Monday, May 21, 2012

7:00 p.m. Fredericksburg Police Department

Sign in Sheet:

The following members were present: Doug Albrecht, Paul Peterson, Patricia Fitzgerald, Lynn Platt, Michele Griffin, Ed Rodriguez, Chris Jett, Greg Leitz, Debra Boyd, Melissa Krebs, Robert Eves, Angela Fines, Laura Baxter, Lori Knowles and Trisha Copeland

Meeting called to order at 7:00 p.m.

Old Business:

State Grant: The Suicide Prevention, Intervention and Postvention class Spotsylvania County Fire & Rescue Station 4 at this time has 14 people signed up. Most are team members. Greg Leitz is the contact person, and will update us as the date gets closer as to number of attendees.

Doug Albrecht; Diane Boyd; Ron Thayer; Lynn Platt; Lori Knowles; Laura Baxter; Melissa Wood; Sue Clem; Robert Eves; Henry Griffin (Sunday only)

At this time we have 8 members attending the ICISF Conference in Columbia, Maryland

Trisha Copeland - Instructor Class; Ed Rodriguez - Instructor Class; Chris Jett - Instructor Class; Angela Fines - Comprehensive Crisis Preparation & Response for the Workplace/Behavioral Emergencies; Robert Eves - Psychotraumatology/Individual Crisis Intervention and Peer Support/Group; Mark Kuechler - Suicide Prevention. Intervention and Postvention; Paul Peterson - From Trauma to Addiction/Suicide Prevention; Lynn Platt - Advanced Group/Behavioral Emergencies

We will be turning in the paperwork for the State Accreditation in July after the June Conference. We will definitely have met the all requirements.

If you cannot come to the Fredericksburg PD to get your ID badges, please try and do it at your own Department - it must have REMS CISM Team on it - does not matter which County seal. If you need to go to the Fredericksburg PD - please let Paul Peterson know - it must be during normal working hours.

New Business:

Discussion regarding ideas on ways to get the CISM Team availability out to the region. Lori Knowles suggested having REMS put out a survey through Survey Monkey asking certain information - and whether or not they know how to activate the CISM Team. Everyone thought

REMINDER: It was agreed that we would be meeting **EVERY OTHER MONTH**; these meetings would now encompass both a regular membership meeting and a training meeting. The next meeting will be **MONDAY, JULY 16, 2012**.

this was a great suggestion - I will get with Debby Loveless next week. Discussion about getting Team cards to hand out. Also curious as to what happened to the brochures Charlie had made up about 10 years ago that were sent to all the different localities. June 18-20 is EMS Week - Lori Knowles suggested sending materials regarding the teams out and visiting different stations. Agreement was made that we need to start going to County Fire & Rescue meeting and doing presentations on CISM. We will do some research with REMS to see when meetings are held.

The next Grant cycle is in September - so we will have to start getting everything prepared.

Lynn Platt is also having safety vests made with the REMS CISM Team logo for wearing at accident scenes - we are seeing whether or not grant money can be used - if not they will be \$17 each.

Lynn Platt is handling ordering REMS CISM shirts (same color(Navy) and logo)) - the cost is \$20.00 for S, M, L, XL and \$22.00 for XXL. If you are interested in ordering a shirt, please let Lynn know (rescue_dad@verizon.net).

New Members:

Lori Knowles
Laura Baxter
Michele Griffin
Sue Clem

Call-Outs:

Stafford Sheriff's Dept.

Training:

Paul Peterson - Police Suicides; July's Training will be an update on the ICISF Conference held in Columbia, Maryland

Next Meeting: Monday, July 16, 2012 - 7:00 p.m. REMS office

Adjournment: Meeting was adjourned at 8:30 p.m.