

**Rappahannock CISM Team Meeting & Training
Minutes
Monday, July 16, 2012**

Sign in Sheet:

The following members were present: Doug Albrecht, Paul Peterson, Patricia Fitzgerald, Lynn Platt, Ed Rodriguez, Robert Eves, Laura Baxter, Lori Knowles and Trisha Copeland

The meeting was called to order by Team Leader, Patricia Copeland at 7:00 p.m. at the REMS Council Training Center.

Old Business:

Eight members attended the ICISF Conference in Columbia, Maryland -

Trisha Copeland - Group Instructor; Ed Rodriguez - Group Instructor; Chris Jett - Comprehensive Crisis Preparation & Response/Behavioral Emergencies; Robert Eves - Psychotraumatology/Individual Crisis Intervention and Peer Support/Group; Paul Peterson - From Trauma to Addiction/Suicide Prevention; Lynn Platt - Advanced Group/Behavioral Emergencies

The paperwork for the State Accreditation is ready - we are just waiting on a few people's state applications.

New Business:

Discussion regarding when we would like to put on our first Group Class. We need at least 6 weeks to put everything through ICISF. Discussion centered around maybe an October class.

It was also discussed about putting together a Mentor/Mentee program for the new members. Several members offered to try to find out how other teams handle their programs. It was also suggested that we have a phone list that separates the new members - that way the more seasoned members would know which new members to call.

Also, discussion regarding letting new members know what is expected of them - Doug Albrecht said he would look into this - maybe a brochure or handout stating what classes they have to have, who pays for them, what they have to do in order to become a member of the state team as well as the regional team. We will come up with a draft and send it out to everyone.

The next Grant cycle is in September - so we will have to start getting everything prepared. We need to decide how much money we believe we are going to need. Members will have the opportunity to go to the symposium as well as the Foundation conference in February.

The REMS Board meeting is August 15 - Doug Albrecht was putting together a brief update to present before the Board.

If you would like to order a safety vest - please let Lynn Platt know - we are seeing whether or not grant money can be used - if not they will be \$17 each.

Lynn Platt is handling ordering REMS CISM shirts (same color(Navy) and logo)) - the cost is \$20.00 for S, M, L, XL and \$22.00 for XXL. If you are interested in ordering a shirt, please let Lynn know (rescue_dad@verizon.net).

New Members:

Sarah Arbogast
Joseph Dougher
Nina Brown

Call-Outs:

Spotsylvania Fire & Rescue - 1 - Defusing; 1 - Debriefing

Training:

Next Training Bob Eves or Lynn Platt will be giving an update on the classes they took at the Columbia Conference.

Next Meeting: Monday, September 17, 2012 - 7:00 p.m. REMS office

Adjournment: Meeting was adjourned at 8:30 p.m.

**Rappahannock EMS Council
CISM TEAM MEETING & TRAINING
Monday, September 17, 2012**

Sign in Sheet:

Members Present: Paul Peterson, Lynn Platt, Ed Rodriguez, Robert Eves, Dale Dickinson, Mark Kuechler, Michele Griffin, Nina Brown, Angela Fines, Bob Zink and Trisha Copeland

Meeting was called to order by Team Leader, Trisha Copeland at 7:00 p.m. at the REMS Council Training Center.

Old Business:

Paperwork for the State Accreditation was mailed to OEMS on July 22, 2012 - now will wait to hear from them.

CISM Classes that will be given at the symposium in November in Norfolk are:

When a child dies . . . what is next?

Coping: When it Doesn't Work

If I Can't See the Trauma, Does it Still Hurt?

Mason's Crossing

My Wife Hates Me, My Kids Don't Know Me, and I think I have a Dog

CISM - The Debriefing Controversy

Suicide is Painless, Except It's Not

I'm Not an Alcoholic I Don't Go To Meetings

Discussion on when to do a Group Class at REMS - takes at least 7 weeks before class can be held.

The grant was finished by REMS, we asked for \$16,000 at 100% funding. This money will be used to send people to the ICISF World Congress in Baltimore, Maryland in February 2013.

New Business:

Handed out a copy of the Team Information Sheet for approval. Also handed out a copy of the tee-shirt design we would like to get made. Team approved both. Lynn Platt will check on the cost to have the tee-shirts made.

If you would like to order a safety vest - please let Lynn Platt know - we are seeing whether or not grant money can be used - if not they will be \$17 each.

Lynn Platt is handling ordering REMS CISM shirts (same color (Navy) and logo) - the cost is \$20.00 for S, M, L, XL and \$22.00 for XXL. If you are interested in ordering a shirt, please let Lynn know (rescue_dad@verizon.net).

New Members:

Amy Viccari
Bob Zink

Call-Outs:

Date: Sunday, August 19 - Defusing
Location: MWH (King George County)
Team Members: Copeland, Eves, Platt
Theme: Ambulance Roll-Over

Date: Thursday, August 23, 2012 - Defusing
Location: Stafford County
Team Members: Copeland, Jett
Peers: 12 EMS/FF
Theme: MVA - Persons Trapped

Date: Sunday, September 9, 2012 - Debriefing
Location: Stafford County
Team Members: Leitz, Brown, Griffin
Clinician: Graham
Peers: 3 EMS/FF

Discussion with new members who observed Debriefing September 9, and their perspective of how it went.

Training:

Bob Eves gave an update on the classes that he took at the Columbia conference and his take on the classes.

November 2012 - Pastor Debra Boyd
January 2013 - Bob Zink (Wounded Warriors)
March 2013 - Nina Brown (Counselor)

Next Meeting: Monday, November 19, 2012 - 7:00 p.m. REMS office.

Adjournment: Meeting was adjourned at 8:20 p.m.

**Rappahannock EMS Council
CISM TEAM MEETING & TRAINING
Monday, November 19, 2012**

Sign in Sheet:

Members Present: Chris Jett, Melissa Krebs, Nina Brown, Debra Boyd, Paul Peterson, Darrell English, Dale Dickinson, Patricia Fitzgerald, Lynn Platt, Ed Rodriguez, Lori Knowles, Bob Zink and Trisha Copeland

Meeting was called to order by Team Leader, Trisha Copeland at 7:00 p.m. at the REMS Council Training Center.

Old Business:

Discussion on when to do a Group Class at REMS - takes at least 5 weeks before class can be held.

The grant was finished by REMS requesting \$16,000 at 100% funding. This money will be used to send people to the ICISF World Congress in Baltimore, Maryland in February 2013. [<http://www.icisf.org/world-congress-articles/672-12th-world-congress>]; Conversation regarding doing ICISF Group at 2013 Symposium - Melissa Krebs said that she could put in for credit hours through DCJS for law enforcement.

Showed change/correction to the tee-shirt design they would like to get made. Lynn Platt is handling ordering the REMS CISM shirts (same color(Navy) and logo)) - the cost is \$20.00 for S, M, L, XL and \$22.00 for XXL. If you are interested in ordering a shirt, please let Lynn know (rescue_dad@verizon.net). If you would like to order a safety vest - please let Lynn Platt know - \$17 each.

New Business:

We need to let people know that if they have not come to the required number of membership meetings, they will be taken off the Team in January 2013.

Call-Outs:

September 29 - Airplane Accident - Spotsylvania County (Scene Standby)
September 30 - Airplane Accident - Spotsylvania County (Defusing)
November 04 - Deputy Involved Shooting - Fauquier County (Phone Conversation)

Training:

November 2012 - Pastor Debra Boyd – conducted training on Resilience. January's training will be presented by Bob Zink.

Adjournment: Meeting was adjourned at 8:00 p.m.

Next Meeting: January 21, 2013 at the REMS Council Training Center

REMS CISM TEAM MEETING & TRAINING MINUTES
Monday, January 21, 2013

Sign in Sheet:

The following members were present: Paul Peterson, Lynn Platt, Robert Eves, Michele Griffin, Greg Leitz, Melissa Krebs, Laura Baxter, Lori Knowles, Patricia FitzGeraldBob Zink and Trisha Copeland

Meeting was called to order at 7:00 p.m. by Team Leader Trisha Copeland at the REMS Council Training Center.

Old Business:

Anyone who is going to the World Congress needs to make sure they get their paperwork into Debby Loveless by **Wednesday, January 23, 2013** - the end date for the advance registration rate is January 27, 2013. The following people have said that they are attending: Lynn Platt, Robert Eves, Debra Boyd, Greg Leitz, Melissa Krebs, Lori Knowles, Bob Zink and Patricia Copeland. Everyone needs to room together to save on costs.

The new logo for the tee-shirts was sent out and approved - will now also have the dispatcher logo.

If you would like to order a safety vest - please let Lynn Platt know - the cost is \$17 each.

Lynn Platt is handling ordering REMS CISM shirts (same color(Navy) and logo)) - the cost is \$20.00 for S, M, L, XL and \$22.00 for XXL. If you are interested in ordering a shirt, please let Lynn know (rescue_dad@verizon.net).

New Business:

Conversation about having a Group Crisis Intervention Class in April using grant money - would open it up to the region - cost would be \$120 per person.

New Members:

No new members.

Call-Outs:

No Call-Outs

Training:

Bob Zink gave a training on Wounded Warriors.

March 2013 - Nina Brown (Counselor)

Next Meeting: Monday, March 18, 2013 - 7:00 p.m. REMS training center.

Adjournment: Meeting was adjourned at 8:20 p.m.

REMS CISM TEAM MEETING & TRAINING
Monday, March 18, 2013

7:00 p.m. REMS Office

Sign in Sheet:

The following members were present: Debra Boyd, Michele Griffin, Greg Leitz, Melissa Krebs, Laura Baxter, Lori Knowles, Patricia FitzGerald, Nina Brown, Angela Fines, Dale Dickinson, Mark Kuechler, Bob Zink and Trisha Copeland

Meeting called to order at 7:00 p.m. by Team Leader Trisha Copeland at the REMS Council Training Center.

Old Business:

Received our State Accreditation from OEMS dated February 15, 2013.

Updated the ICISF Team listing for their website (must be yearly).

Five people went to the World Congress - discussion regarding what participating members thought of the World Congress.

If you would like to order a safety vest - please let Lynn Platt know - the cost is \$17 each. I have the new tee-shirts - if anyone wants to purchase one they are \$12.25 each.

Lynn Platt is handling ordering REMS CISM shirts (same color (Navy) and logo)) - the cost is \$20.00 for S, M, L, XL and \$22.00 for XXL. If you are interested in ordering a shirt, please let Lynn know (rescue_dad@verizon.net).

New Business:

Conversation regarding holding a Group Crisis Intervention Class for law enforcement in Spotsylvania using grant money. Melissa Krebs is setting this up.

At the Symposium this year, they will be offering both Group and Advanced Group Crisis Intervention. Trisha Copeland is also teaching two other classes, if anyone is going and wants to help. She is also reaching out to VAVRS to teach an out-reach class at the VAVRS Convention in Virginia Beach.

Greg Leitz has been invited to do a training on CISM for Lake of the Woods on Thursday, May 23, 2013, 7:00 p.m.

New Members:

No new members.

REMINDER: It was agreed that we would be meeting **EVERY OTHER MONTH**; these meetings would now encompass both a regular membership meeting and a training meeting.

Call-Outs:

2/6 - MVA (Death) /2 Team Members/5 Fire/Rescue (Lake of the Woods)

2/13 - Death of a child/2 Team Members/1 Pastor - 2 Deputies/1 Dispatcher (Stafford)

2/27 - CPR/2 Team members/4 EMS (Stafford)

Training:

Nina Brown conducted training on the multi-job description of School Counselors.

Next Meeting: Monday, May 20, 2013 - 7:00 p.m. REMS office.

Adjournment: Meeting was adjourned at 8:20 p.m.

REMS CISM TEAM MEETING & TRAINING
Monday, May 20, 2013

Sign in Sheet:

The following members were present: Debra Boyd, Michele Griffin, Melissa Krebs, Angela Fines, Mark Kuechler, Peter Shoars, Robert Eves, Paul Peterson, Ed Rodriguez, Bob Zink and Trisha Copeland

Meeting called to order at 7:00 p.m by Patricia Copeland, Team Leader, at the REMS Training Center.

Old Business:

Debby Loveless stated that there is \$9,441.80 left in the RSAF grant, which must be spent by the end of the year.

Melissa Krebs is putting together the Law Enforcement Group Crisis Class for July 13-14, 2013. It will be held at the Spotsylvania EOC room. We will use the money from our RSAF grant to pay for the basic fees (certificates, books & ICISF fee). The hope is that we can get these officers to join the team. It will be open to the entire region.

Melissa Krebs will be going to Lake of the Woods, Wednesday, May 23 to teach a CISM Awareness Class. If anyone is interested in going please let Melissa know.

If you would like to order a safety vest - please let Lynn Platt know - the cost is \$17 each. I have the new tee-shirts - if anyone wants to purchase one they are \$12.25 each.

Lynn Platt is handling ordering REMS CISM shirts (same color(Navy) and logo)) - the cost is \$20.00 for S, M, L, XL and \$22.00 for XXL. If you are interested in ordering a shirt, please let Lynn know (rescue_dad@verizon.net).

New Business:

Need to find out who has not had either the Group or Advanced Group Crisis Intervention class so that we can send them to symposium.

Patricia would like to put in for a Grant for shirts & for Out-Reach programs. Must be turned in by September.

We are going to need to send out an email to remind people that they must attend at least 3 meetings in a year to be eligible for the team.

New Members:

REMINDER: It was agreed that we would be meeting **EVERY OTHER MONTH**; these meetings would now encompass both a regular membership meeting and a training meeting.

Peter Shoar - Chaplain

Call-Outs:

03/30 - Shooting: (Spotsylvania) - one-on-one (follow up - 3/31)

04/19 - Suicidal Subject (Spotsylvania) - one-on-one

04/19 - Dispatcher (Caroline) - 2 one-on-one's

Training:

Talked about classes to be sponsored.

Next Meeting: Monday, July 15, 2013 - 7:00 p.m. REMS office Training will be provided by Chaplain Pete Shoars.

Adjournment: Meeting was adjourned at 8:10 p.m.