

Rappahannock EMS Council
Heart & Stroke Committee Meeting – Interim Minutes
September 3, 2014

These are interim minutes; final minutes will be next week. Some stroke statistics are being compiled for inclusion in the final minutes. These interim minutes will indicate the Council's compliance that a quarterly Stroke Meeting occurred.

The meeting convened at 1505 hours. The following were in attendance:

Emmett Price, Chair
Linda Harris, Recorder
Dr. Fines, MWH ED
Christine Skinner, MWH
Jake Marshal, SRMC
Amy Cantwell, Aircare

The minutes were read and accepted.

The Stroke Session commenced. The following items were discussed:

- We reviewed the Last Known Well times for MWH. More public education is needed; too many people are waiting to the point they are outside the 3 hour window. The Stroke Alert by EMS was at 95+%. We still need to have more EMS personnel use the Stroke Triage Worksheet we developed, as this document is used by physicians in making treatment decisions.
- We discussed Last Known Well Time (LKWT) versus symptom onset. Example: an asymptomatic patient taking a nap and waking up symptomatic would have a LKWT at the time they went down for their nap, not when they awoke symptomatic. We need to clarify this in the Triage Plan and worksheet.
- We discussed revising the worksheet as mentioned above, and to include a place for a cell number, so the physician can contact family en route as needed, rather than waiting until they arrive.
- We discussed the Stroke Memo, in final draft, we will send to the EMS officers within the Council or LKWT, the Worksheet, and radio Stroke Alerts. Minor changes were made.

The Heart Session commenced. The following items were discussed:

- We discussed the development of the Regional STEMI Triage Plan, which will mirror the Stroke Triage Plan. We discussed what key information that needs to be passed by EMS for a STEMI alert.

- One issue Dr. Fines wanted to put in place is the notification by EMS at the bedside when a STEMI is first detected via a 12 lead EKG; especially after hours. A complete follow-on HEAR report will take place as usual, but that initial alert during first medical contact gives the ED time to activate the Cath Lab and bring personnel in, as needed.

The following combined topic was discussed:

- 80/48 Plan. Dr. Fines discussed a QA plan used at a previous practice where feedback to EMS was provided for 80% of all STEMIs and Strokes within 48 hours. Tina indicated this was doable but would take time to ramp up. She already gets feedback forms on patients; the timing of these reports and using an agency single point of contact was required.

The meeting adjourned at ~1620 hours.

Emmett Price, Chair



**Minutes of the REMSC Heart & Stroke Committee
December 17, 2014**

The meeting was called to order on December 17, 2014 at 3 pm at the REMS Council Office and via the conference bridge. There were 6 members present:

- Emmett Price, Chair
- Linda Harris, Recorder
- Dr. Fines, MWH
- Eleanor Redman, MWH
- Jake Marshall, SRMC

This meeting of the Heart & Stroke Committee was a working session for the draft Regional STEMI Triage Plan. Numerous items were discussed, but the general categories included the following:

- Definitions to include in the plan
- Flowchart of care
- First Medical Contact
- Performing a 12 Lead as soon as possible
- Bedside STEMI notification to hospital
- Regional STEMI hospitals
- Decision to omit the actual protocols from the plan and only post them in the protocols

A revised draft will be sent to committee members early in 2015.

The Heart & Stroke Committee meetings for 2015 are scheduled as follows:

- March 4, 2015
- June 3, 2015
- September 2, 2015
- December 2, 2015

We will start with the Stroke Session then move to the Heart Session. Members can attend in person or via phone/video conference.

Respectfully Submitted – Emmett Price, Chair, eprice@vaems.org.



**Minutes of the REMSC Heart & Stroke Committee
March 4, 2015**

The meeting was called to order on March 4, 2015 at 3:10 pm at the REMS Council Office and via the conference bridge. There were 5 members present:

- Emmett Price, Chair
- Linda Harris, REMS Staff
- Christina Skinner, MWH
- Eleanor Redman, MWH
- Jake Marshall, SRMC

The Heart & Stroke Committee discussed the following items:

1. Stroke Session – The following was discussed:

- The 2014 statistics. These will be published to the committee shortly and included in the memo below.
- Reviewed and updated the long overdue Stroke Memo (with apologies from the Chair) to be distributed to all EMS agencies within the region, on the one major Stroke issue plaguing the region: EMS determining and passing along the “Last Known Well Time” to hospitals.

2. Heart Session – The following was discussed:

- Reviewed the second draft of the regional STEMI Triage Plan. The goal is to keep it clear and concise, not clutter it with information that was not pertinent to patient care, and not re-state existing STEMI protocols (which are contained in the regional protocol manual);
- Fine tuned the EMS “Pre-Alert” bedside report being developed for the plan; and,
- What area and non-area hospitals are considered PCI-capable hospitals and/or STEMI centers.
- The third draft will be sent to committee members for comment.

The Heart & Stroke Committee meetings for 2015 are scheduled as follows:

- March 4, 2015 (completed)
- June 3, 2015
- September 2, 2015
- December 2, 2015

We will start with the Stroke Session then move to the Heart Session. Members can attend in person or via phone/video conference.

Respectfully Submitted – Emmett Price, Chair, eprice@vaems.org.



**Minutes of the REMSC Heart & Stroke Committee
June 3, 2015**

The meeting was called to order on June 3, 2015 at 3:07 pm at the REMS Council Office and via the conference bridge. There were 4 members present:

- Emmett Price, Chair
- Linda Harris, REMS Staff
- Eleanor Redman, MWH
- Jake Marshall, SRMC (via conference)

The Heart & Stroke Committee discussed the following items:

1. Stroke Session – The following was discussed:

- The Stroke Memo is ready to be released. It emphasizes obtaining the “Last Known Well Time” and passing it to the hospitals. All we need are the current stats.
- We will begin updating the Stroke Triage Plan at the next meeting.
- Some discussion occurred on what needs to be changed/modified.

2. Heart Session – The following was discussed:

- We reviewed the third draft of the regional STEMI Triage Plan.
- We need to find a source that lists the non-PCI capable hospitals capable of administering tPa.
- The Virginia Heart Coalition web page has some resources on it but it is difficult to open and extremely slow.
- Need to review Get with the Guidelines data-points.

The meeting adjourned at 3:58 pm.

The Heart & Stroke Committee meetings for 2015 are scheduled as follows:

- March 4, 2015 (completed)
- June 3, 2015 (completed)
- September 2, 2015
- December 2, 2015

We will start with the Stroke Session then move to the Heart Session. Members can attend in person or via phone/video conference.

Respectfully Submitted – Emmett Price, Chair, eprice@vaems.org.