

REMS CISM Team
Meeting Minutes
July 11, 2016 - 7:00 pm

Members Present: Debra Boyd, Patricia Copeland, Robert Eaby, Angela Fines, Pat FitzGerald, Chris Jett, Melissa Krebs, Paul Peterson, Peter Shoar, Barry Taylor; Guest: Michelle Wright (Fauquier County Sheriff Office)

New Business:

- Received a request to teach for Fairfax County
- Received request to teach at VAVRS Conference - September 21-23 (Suicide Awareness and Group Crisis Intervention)
- Teaching Group Crisis Intervention at the Symposium in Norfolk - November 9 & 10

Old Business:

- The Cornerstone Baptist Church will be sponsoring a Critical Incident Stress Management (CISM) Seminar on June 21-24. Spiritual and Psychological First Aid (June 21-22), Understanding Suicide (June 23-24) - the classes are free
- Stafford County Fire & Rescue Recruit Class - June 21- (Jett) - Out Reach
- Stafford County Parks & Recreation - May 26 (Copeland, Jett) - Out Reach

New Members:

- No New Members

Call-Outs:

- 05-22-16 - Stafford (Shooting) (1:1) (Jett)
- 05-23-16 - Stafford (Shooting) (1:1) (Jett)
- 05-24-16 - Orange (Contact)
- 06-03-16 - Stafford (Drowning) (Contact) (Jett)
- 06-05-16 - Stafford - Parks & Rec - Defusing (Drowning) (5)
- 06-08-16 - Stafford - One-on-One
- 06-09-16 - Stafford - One-on-One
- 06-15-16 - Stafford (Suicide) (1:1) (Jett)
- 06-21-16 - Caroline (MVA) (1:1) (Leitz)
- 06-30-16 - Caroline - Defusing (MVA) (Jett, Boyd, Thompson, Wilkins, Fine)

Membership & Training Meeting: Training was conducted by Chaplain Peter Shoar (Addiction).

Trisha Copeland
Team Coordinator

REMS CRITICAL INCIDENT STRESS MANAGEMENT TEAM
Membership Meeting Minutes

September 12, 2016

Members Present:

Robert Eaby, Chris Jett, Matt Rothe, Peter Shoars, Bree Thompson, Jayne Toellner, Shelly Wright, James Vitaletti, Patricia FitzGerald and Melissa Lindsay (Krebs)

New Business:

- Request to do a training by the local Health Emergency Coordinator, Rappahannock Area Health District, Virginia Department of Health for their Rapid Response Team on Friday, September 16 from 1:00-3:00
- Discussion regarding the grant - what the World Congress has to offer
Put in for a Grant through OEMS - \$10,790
Member Training: \$9,540
Teaching Regional Classes: \$1,250

Old Business:

- Robert Eaby updated the Team on how the Pastoral side of the team was trying to expand to offer more services to the region. He also discussed that they would like to put in place a vetting process for new team members

New Members:

- Matt Rothe, Pastor & Church Planter, Fredericksburg, VA

Call-Outs:

- 07-20-16 - King George Sheriff's Office - Defusing (MVA) 2 Deputies/2 Dispatchers (Barry Taylor & Michele Gibbons)
- 08-01-16 - Culpeper - CMB (Suicide) 14 Dispatchers (Copeland, Leitz, Krebs, Taylor, Maddox)
- 08-11-16 - Spotsylvania - (CPR) (1:1) (Fines)
- 08-13-16 - Stafford - (Pediatric Drowning) (4 - 1:1) (Jett - F&R) (2 - 1:1) (Copeland - Law Enforcement)
- 08-26-16 - Stafford (Social Services) - Defusing (Injury) (5) (Jett, Boyd)

Membership & Training Meeting: Discussion on why we use Crisis Management Briefings in some circumstances. **Next Meeting: November 12, 2016**

Trisha Copeland
Team Coordinator

**REMS CRITICAL INCIDENT STRESS MANAGEMENT TEAM
Team Meeting Minutes**

January 9, 2016

Members Present: Patricia Copeland, Melissa Krebs, Pete Shoars, Lori Knowles, Paul Peterson, and Michelle Gibbons

New Business:

- Next Grant cycle
- K-Love Classes to be offered in June 2017 - classes are FREE:
<http://www.crisisresponse.org/Train/>

Fredericksburg	VA	6/20/2017	6/21/2017	ESC	Coming Soon!
Fredericksburg	VA	6/22/2017	6/23/2017	GFT	Coming Soon!
Fredericksburg	VA	6/21/2017	6/23/2017	GRIN	Coming Soon

- GFT - Grief Following Trauma
- Individual and Group Crisis Intervention (GRIN)
- Emotional and Spiritual Care In Disasters (ESC)

Old Business:

- December 1, 2016, Chris Jett presented a CISM Awareness class to the Spotsylvania Recruit Academy

New Members:

- Sharon Allen (Winston), Service Dog, Fredericksburg, VA

Call-Outs:

- 10/27/17 - Culpeper - Defusing (Fatal Fire) - (24) (Copeland, Platt, Shoars, Wright, Jim Vitaletti)
- 11/17/16 - Stafford - Murder/Suicide - 1:1 (2) (Jett)
- 11/28/16 - Fauquier - MVA - Defusing - (7) (Copeland, Platt, Eaby)
- 12/10/16 - Spotsylvania - CMB - Suicide - (37) (Copeland, Jett, Leitz, Maddox, Winston)
- 12/20/16 - Spotsylvania - CMB - Pediatric Death (20) (Leitz)
- 01/01/17 - Fauquier - Pediatric Death - Defusing - (10) (Copeland, Wright, Platt)

Membership & Training Meeting: March 13, 2017.

Trisha Copeland
Team Coordinator

2016	County		Incident	Attendees	Dispatch	Fire/EMS	Law	Other	Team	
29-Jan	Stafford	Defusing	Infant Death	8			8		English, Gibbons	
8-Mar	Fluvanna County	CMB	MVA	25					Leitz, Kuechler, Maddox, Boyd	
14-Mar	Fredericksburg	Defusing	Shooting	2			2		Copeland, Taylor, Fine, Gibbons, Shoar	
8-Apr	Spotsylvania	Defusing	CPR	1		1			Jet, Eaby	
18-Apr	Spotsylvania	One-on-One	CPR	1		1			Krebs, Eaby	
25-Apr	National Park Service	Defusing	Suicide	9			9		Copeland, Jett, Eaby, Leitz, Maddox	
1-May	Orange	Defusing	MVA	8		8			Copeland, Platt	
22-May	Stafford	One-on-One	Shooting	1		1			Jett	
23-May	Stafford	One-on-One	Shooting	1		1			Jett	
24-May	Orange	Contact	MVA	1					Copeland	
26-May	Stafford	Out Reach	Parks & Rec						Copeland, Jett	30
3-Jun	Stafford	Contact	Drowning	1					Jett	
5-Jun	Stafford	Defusing	Drowning	5				5	Copeland	
8-Jun	Stafford	One-on-One	Drowning	1					Jett	
9-Jun	Stafford	One-on-One	Drowning	1					Jett	
15-Jun	Stafford	One-on-One	Suicide	1					Jett	
21-Jun	Caroline	One-on-One	MVA	1		1			Leitz	
30-Jun	Caroline	Defusing	MVA	2			2		Jett, Boyd, Thompson, Wilkins, Fine	
20-Jul	King George	Defusing	MVA	2			2		Taylor, Gibbons	
1-Aug	Culpeper	Defusing	Suicide	14	14				Copeland, Krebs, Leitz, Taylor, Maddox	
11-Aug	Stafford	One-on-One	CPR	1		1			Fines	
13-Aug	Stafford	One-on-One	Infant Drowning	2			2		Copeland	
13-Aug	Stafford	One-on-One	Infant Drowning	4		4			Jett	
16-Sep	Fredericksburg	Out Reach	Rapid Response Team						Copeland	25
28-Sep	Fredericksburg	Out Reach	Fredericksburg Vol. Rescue						Copeland, Leitz	6

28-Oct	Culpeper	Defusing	Fire Fatalities	24	3	6	4	11	Copeland, Platt, Vitaletti, Wright, Shoar	
17-Nov	Stafford	One-on-One	Murder/Suicide	2	2				Jett - Wellness Check	
28-Nov	Fauquier	Defusing	MVA	7	2	4	1		Copeland, Platt, Eaby	
1-Dec	Spotsylvania	Out Reach	Recruit Class						Jett	15
10-Dec	Spotsylvania	CMB	Suicide	38		38			Copeland, Leitz, Jett, Maddox, Winston	
20-Dec	Spotsylvania	CMB	Fatality	20		5		15	Leitz	
01-Jan	Fauquier	Defusing	Pediatric	10		10			Copeland, Platt, Wright	
				163						76

REMS CRITICAL INCIDENT STRESS MANAGEMENT TEAM
May 8 2017

New Business:

- We have been asked to teach Individual Crisis Intervention at Children's Hospital in Richmond
- Invited to teach at StarPoints Conference (Carilion Clinic), Saturday, August 26, 2017 at Virginia Tech
- I took the Advance Group Instructor Class on April 29-30 in Maryland
- Some of the team members will be participating in the National EMS Memorial Weekend May 19-21, Patricia Copeland, Jayne Toellner, Bob, Barbara Morrison & Astra, Jim Vitaletti, Shari Marsh & Juno (schedule is attached) - if anyone else would like to participate, please let me know

Old Business:

- Chris Jett and I recently went to Richmond to take Emotional Survival for Trauma, PTSD & Critical Incidents
- I have been in contact with Lt. Col. Wendy White from the Civil Air Patrol regarding a working relationship with their organization
- Taught Suicide Awareness for the Central Shenandoah EMS Council on April 8
- American Ambulance Association had a great webinar on PTSD and Suicide in EMS
- Shelley Wright did an Outreach for the EMS Committee for Fauquier, Rappahannock & Culpeper County regarding the team
- Our ICISF Membership was renewed by REMS
- We also were given \$300 for team shirts

Future Training Reminders:

- Rescue College - Group Crisis Intervention - June 16 & 17 and Suicide Awareness - June 15, Virginia Tech
- K-Love Classes to be offered in June 2017 - classes are FREE: <http://www.crisisresponse.org/Train/>

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Fredericksburg	VA	6/21/2017	6/23/2017	GRIN	Coming Soon

- GFT - Grief Following Trauma
- Individual and Group Crisis Intervention (GRIN)
- Emotional and Spiritual Care In Disasters (ESC)

- VAVRS Conference, September 27-29 Group Crisis Intervention and Suicide Awareness
- OEMS Symposium, November 8-10 - Individual Crisis Intervention and Suicide Awareness
- Chris Jett will be presenting at Firehouse Expo, October 17-21 in Nashville, TN

New Members: No New Members

Call-Outs:

- 03/11/17 - Spotsylvania - Pediatric Death - 1:1 (4) (Copeland, Wright)
- 03/16/17) - Spotsylvania - Pediatric Death - (7) (Copeland, Wright, Vitaletti, Shoars)

Membership & Training Meeting: Training for May - Paul Peterson; Next Meeting - July 10, 2017

Trisha Copeland
Team Coordinator