

RAPPAHANNOCK EMS COUNCIL BOARD OF DIRECTORS MEETING

Board of Directors

February 21, 2018

Board Members Present:

Jack Atkins, Rappahannock County
John Brandrup, At-Large
Mark Crnarich, At-Large
Susan Dietrich, Caroline County
Kevin Dillard, At-Large
Patricia Fitzgerald, Westmoreland County
Donald Gore, Rappahannock County
Mary Hart, Fauquier County
Phyllis Hurlock, Culpeper County
Lori Knowles, Stafford County
Greg Leitz, Spotsylvania County
Jeffrey McClure, Stafford County
Bill Ooten, Culpeper County
Louise Rollins, At-Large

Staff Present:

Margot Moser, Office Manager
Wayne Perry, Executive Director

Excused:

Scott Davis, City of Fredericksburg
David Garvin, King George County
William Harrington, Spotsylvania County
Tim Malanka, At-Large
Fred Messing, At-Large
David Moody, King George County
Maurice Moody, Orange County
Nathan Mort, Orange County
Tania White, Regional Medical Director
Joseph Williams, Fauquier County

Guests:

Stephani Atkins, EMS Captain, Flint Hill Volunteer Fire Company
Dave Hawn, EMS Lieutenant, Flint Hill Volunteer Fire Company
Wesley Melson, Chief Operations Officer, LifeCare Medical Transports
Bill Welch, Chaplain, Flint Hill Volunteer Fire Company

Agency Presentation:

Bill Welch shared some of the history behind Flint Hill Volunteer Fire Company. Established in 1954, the building was built by the first group of volunteers. The building is available for use by members of the community for a fee, and to volunteers for free.

The squad is currently seeking new volunteers. There are currently twelve to fourteen active members, and they respond to 90% of the calls received. They run around thirty EMS calls a month, and three to four fire.

The agency holds an annual trail ride fundraiser in the third week of October. Registration starts in May and is \$60.00 per horse for a two day trail ride. Last year there were over 600 riders.

Call to Order:

The meeting was called to order by President Kevin Dillard at Flint Hill Volunteer Fire Company at 7:00 PM.

Approval of minutes:

The December 13, 2017 minutes were approved as presented.

Public Comments/Presentations from Guests:

None.

President's Report—Kevin Dillard

Kevin welcomed new Interim Director for Culpeper County Office of EMS, Bill Ooten, to the board. Nathan Mort, Interim Chief for Orange County, was also appointed but unable to attend. The board voted to ratify these nominations, and then members of the board, staff, and guests in attendance introduced themselves.

Board members were reminded that there is a new, streamlined option for nominating people for Regional Awards available on the REMS website under “EMS Spotlight.” This form may be found at <https://remscouncil.org/ems-spotlight/>. Kevin announced the Regional Awards will be held at the National Museum of the Marine Corps again, on June 12.

Grant Committee:

The pre-submission deadline for Council review of grant applications is March 1. Applications are due to OEMS on March 15. Kevin strongly encouraged agencies to submit their grant applications to the Council prior to the Office of EMS in order to receive assistance and increase chances of agency success. Under the new grant program, agencies are not able to revise grant applications after they are submitted to OEMS. For regional review, Directors were instructed not to actually submit their application through eGift, but to have the materials ready and send them to the Council.

The State Grant Committee will return to having alternating meeting locations throughout the state so that they may see grant funded items being used in the community.

The REMS Council, in partnership with Mary Washington Healthcare and the Virginia Department of Emergency Management, received a grant for a NOAA radio system that is housed at Mary Washington Hospital. The grant was for \$40,000 to cover the equipment, and Mary Washington agreed to pay for maintenance of the system. At this time, MWHC would like to eliminate the expense of maintaining this system and the National Weather Service is willing to absorb the costs. The system will still be housed at Mary Washington Hospital, but will now directly belong to the National Weather

Service. Kevin stated that board approval was required to gift the system. John Brandrup made a motion to gift the equipment to the National Weather Service, which was seconded by Pat Fitzgerald. During discussion, Susan Dietrich asked about the actual function of the system. Wayne stated that it is basically a weather alert antenna and part of the network to broadcast emergency alerts. A tower was constructed, and 188 radios were purchased and distributed to area Emergency Managers. With no further discussion, the motion carried.

ACTION ITEM—NOAA Weather Radio System

APPROVED

Kevin announced that at-large member Fred Messing's wife passed away in January, and asked that board members keep him in their thoughts and prayers. The Council sent a fruit basket from the Board and staff.

Dr. Melton, Virginia Department of Health Chief Deputy Commissioner for Public Health & Preparedness, will be in Culpeper on April 6. Kevin announced that he and Wayne plan to meet with him, and asked that board members inform him if there are matters they would like brought to Dr. Melton's attention.

The National EMS Memorial Service is going to be held on May 13 at the Gaylord National Resort and Convention Center in Oxon Hill, Maryland. This year there will be roughly thirty-four people recognized. Kevin encouraged board members to attend as the ceremony is so close, but it will also be streamed live on the NEMSMS website.

VAVRS is again participating in the EMS exchange. This year, four providers from Virginia will be going to Germany, with Germans to be hosted here next year.

Meeting locations and dates for 2018 are as follows:

- April 18 – White Oak Volunteer Rescue Squad – Stafford, VA
- June 20 – Remington Volunteer Fire Department – Remington, VA (tentative)
- August 15 – Fredericksburg Volunteer Rescue Squad – Fredericksburg, VA
- October 17 – Richardsville Volunteer Fire Department and Rescue Squad – Richardsville, VA
- December 12 – Mary Washington Hospital – Fredericksburg, VA

Addresses will be sent with the meeting reminders.

Vice President's Report—Donald Gore

No report at this time.

By-Laws Committee:

No report at this time.

Secretary's Report—Mark Crnarich

Performance Improvement Committee:

The committee last met in January and will meet again in April. Mark has developed some regional reports in ImageTrend that are available to be shared with agencies and stated that if agencies give him their primary user's name, he will share the reports with them.

At this time, the Trauma Triage Plan is due for reapproval. The committee recommends approving the plan as presented. Susan Dietrich made a motion to approve, which was seconded by Lori Knowles. With no further discussion, the motion carried.

ACTION ITEM—Trauma Triage Plan

APPROVED

As Billy Harrington, Incident and Threat Mitigation chairperson, was unable to attend, Mark presented the deliverables for this committee. At this time, the Mass Casualty Incident Plan is due for renewal. There are no revisions to the plan at this time. Mark Crnarich made a motion to reaffirm the plan, which was seconded by John Brandrup. With no further discussion from the board, motion carried.

ACTION ITEM—Mass Casualty Incident Plan

APPROVED

The Regional Surge Plan is also due for reaffirmation. There are no changes to the plan at this time. Mark made a motion to approve the plan as presented, which was seconded by Jeff McClure. With no further discussion, motion carried.

ACTION ITEM—Regional Surge Plan

APPROVED

The Regional Hospital Diversion Policy is also due for renewal. Some minor changes were made by the Incident and Threat Mitigation committee – namely the addition of language regarding types of diversions. Mark made a motion to approve the policy as presented, which was seconded by John Brandrup. With no further discussion, motion carried.

ACTION ITEM—Regional Hospital Diversion Policy

APPROVED

Treasurer's Report—John Brandrup

Finance Committee:

Financial statements for the second quarter were distributed prior to the meeting. John provided a few updates regarding financial procedure and policy at the Council. Wayne has found an accountant from Marek Consulting to provide him with training on QuickBooks Online and assistance with cleaning up the existing records. The company who performed last year's audit has undergone some changes, and Council staff has been

dissatisfied in their interactions with them. Marek will be drawing up a proposal to perform next year's audit and prepare the 990.

Guidelines and Training Committee:

No report at this time.

Committee Reports

CISM Report: Greg Leitz

The Team has been invited to Vienna to speak to members of the Shenandoah Mountain Rescue Group. The Team is also working on a business plan. PEMS Council reached out to the REMS team for advice to improve their process.

There are several new team members, and have been six callouts since the last board meeting. The next CISM team meeting is March 12.

Incident and Threat Mitigation Committee: Kevin for Billy Harrington (Excused)

No report from the committee at this time. The next meeting is April 19 and the committee is currently focusing on an Active Shooter Response Guide.

Medical Direction Committee: Wayne for Dr. Tania White (Excused)

From the state MDC – there was a discussion about trauma patients and temperature management; need more data about trauma patients in order to evaluate the role of EMS and the need for additional equipment. There is an issue across the board with the quality of data available in VPHIB.

The *Protecting Patient Access to Emergency Medications Act 2017* has been signed into law, promulgating an internal rule writing review at the Drug Enforcement Administration that is expected to take between twelve and fourteen months. The expectation is that the current system of hospital-maintained drug boxes utilized in Virginia will no longer be allowed. Most likely, maintenance of drug supplies will revert to the agencies. Agencies will need a Controlled Substance Registration, warehousing permit, and possibly other paperwork. As the Council receives more information, it will be disbursed.

The State Medical Direction Committee changed the CPR prerequisite for EMT training to a co-requisite, and eliminated the requirement of using a specific company.

The next meeting will be April 5.

The regional MDC received a presentation from Dr. Ramakrishnan regarding a recent data project in the PEMS region. There is data to support the benefit of thrombectomy,

especially in the patient with a LVO. Our current regional plan addresses the disposition of patients with a positive LVO scale and this and seems to meet the needs of the recent study.

People are not consistently noting the Last Known Well Time for stroke patients. Lori Knowles commented that Stafford has made it a required field, and it can be easily managed by your ImageTrend administrator. Education of providers on its importance is also necessary.

The Medical Direction Committee received a request from a provider to review Ketamine dosing in the protocols. The committee approved a revision to the “Behavioral / Patient Restraint” protocol. The standing order now provides for the administration of 2 to 4 mg/kg Ketamine IM or 1 to 2 mg/kg Ketamine IM. This must be approved by the board before protocol revisions can take place.

Lori Knowles made a motion to approve the changes to the Behavioral / Patient Restraint protocol as well as the altered mental status and overdose/toxin protocols as presented by the Medical Direction Committee. This was seconded by John Brandrup. With no further discussion from the board, motion carried.

ACTION ITEM—Behavioral / Patient Restraint Protocol Revision APPROVED

The State Medical Direction committee approved changes to the scope of practice to allow EMTs to administer medications from a vial or delivery device via a fixed dose syringe. In order to allow this regionally, changes will have to be made to the protocols which must be approved by the board. The Medical Direction Committee is recommending a change to the altered mental status and overdose protocols to add administration of 2mg intranasal Narcan, using a dose-limiting device, as an additional option for the EMT-B level.

Motion from Lori Knowles to approve the changes as explained. Seconded by Greg Leitz. Mary Hart mentioned during discussion that EMTs will need additional education for this. With no further discussion, motion carried.

ACTION ITEM—Altered Mental & Overdose Protocol Revision APPROVED

Personnel Committee: Chief David Moody (Excused)

No report at this time.

Pharmacy Committee: Kevin Dillard for Joey King

The last Pharmacy Committee meeting was well-attended and some changes have been made to committee membership; several new members have been added at board member suggestion. Kevin stated that the real strength of the REMS Board comes from how much

it is able to achieve in committee, and requested that any board members with knowledge of providers who would be active participants in committees please contact him to help maintain active committee membership.

Strategic Planning: Kevin Dillard for Fred Messing (Excused)

The Strategic EMS Plan is good through 2019, but requires annual approval by the Directors. The committee recommends approving the plan as presented, with no changes. Motion by John Brandrup to approve the plan as presented; seconded by Jeff McClure. With no further discussion, the motion carried.

ACTION ITEM—Strategic EMS Plan

APPROVED

Heart and Stroke: Lori Knowles

The next meeting of this committee will be March 7. Stroke training has been increased in the region; 37 hours of training has been provided to 120 providers so far, with more to come.

Wayne and Lori travelled with Joel Griffin to Williamsburg on February 20 to present the HeartSafe materials for the most recently approved community, Greater Williamsburg Area. There was a lovely reception and ceremony with representatives from the state, fire and rescue, and the hospitals as well as a high school student who survived sudden cardiac arrest thanks to Gwyneth's Law and CPR administered at school.

EMS Governor's Advisory Board: Lori Knowles

Topics of interest from the last EMS Advisory Board meeting include:

- EMS agencies will soon need to develop policies on provider fatigue and the use of lights and sirens now that risk management guidelines have been issued by NHTSA and NASEMSO.
- There are several House and Senate bills of interest to EMS that have been emailed out to board members for review.
- Virginia leads the county in Traffic Incident Management training.
- There has been an update to the VA 511 app.
- Alexandria is drafting a policy and program for safety nets for bridges.
- The EMS Voluntary Event Notification Tool shows a growing number of instances of violence against paramedics
- The EMS for Children program will be offering access to child restraint systems through a grant in the next few months – please contact David Edwards at david.edwards@vdh.virginia.gov for a copy of “Safe Transport of Children” PowerPoint.
- National scope of practice for EMR and EMT have been issued.
- The new Education Coordinator program is online on the OEMS website.
- The EMS Scholarship Program is also live on the OEMS website.

The OEMS quarterly report is also available on the state website. Lori encouraged all of the board members to review this document as it provides a lot of insight into the goings on at the state level.

Staff Report—Wayne Perry

Training Updates

- REMS has provided 24 National Registry test sites so far including six during FY2017. So far FY18 sites have not had sufficient registrations, resulting in the first two being cancelled.
- Training announcements continue to be listed on the REMS website calendar and Facebook page.
- The Virginia Public Health and Healthcare Preparedness Academy will be held in Roanoke March 27-29.
- National Registry has announced the official end of I-99 testing will be 12/23/19. NR I-99 certifications will become AEMT. Virginia will allow current Intermediate providers to maintain their certification through CE, but no new Intermediate certifications will be issued.
- A Stop the Bleed Train the Trainer course was offered at Mary Washington Hospital and attended by Wayne and Vivian; this is part of a national campaign to collocate bleeding control items with AEDs and provide bleeding control training to the public. If your agency is interested in participating, please let Wayne know.

Events and Funding

- The 2018 golf tournament will be held on April 28 at Meadows Farms Golf Course. Please let Margot know if you have any sponsorship ideas. Players and sponsors may register online at remscouncil.org/
- The Regional Awards program is seeking nominations. Please use EMS Spotlight or contact Vivian Delts.
- Virginia Department of Health Office of Minority Health and Health Equity grant update: we are in the process of applying for a renewal. Wayne met with the VDH representative and has meetings scheduled with Mary Washington Healthcare and Moss Free Clinic. Funding is anticipated for FY18 but has not been officially awarded.

Regional Systems and Programs

- Many CSRs are about to expire. Please make sure you are filing your current CSRs with Tina at Mary Washington and David Farmer at SRMC.
- We continue to offer Stress First Aid training. Please contact Wayne to begin the process of scheduling this opportunity. He will be offering a training at AirCare at the end of March.
- The council is working on some table-top disaster and interagency drills that will eventually culminate in a large-scale multi-agency event. If you have an interest in

guiding this process or participating, please let Vivian know as she is the POC for the project. The first meeting for this was cancelled due to lack of participation. Staff plans to reschedule for March.

- Vivian and Wayne attended the Active Shooter MCI Drill at Quantico.
- EMS on the Hill is April 11. If anyone is interested in attending, please let Wayne know.

Website/Technology

- The new website re-design seems to be cost prohibitive. We are considering having the staff receive additional training in WordPress to make the updates.

Executive Director Update

- The national database for sentinel and near-sentinel EMS events is up and ready to receive information. The reports are accessible through the REMS Council website. The 4th quarter 2017 Patient Safety Report and Violence Against Paramedics Report is still not published on their site, and here is the link to the 2nd quarter 2017 EMS patient safety event report
- The strategic and regional approach to critical medication shortages webinar video, put out by HHS ASPR and ASTHO is available online. Updates from HHS ASPR are available in their TRACIE communication, and several ASPR newsletters have been posted in the drop box.
- The Virginia Provider Health and Safety Committee met on February 2 and discussed several ongoing topics. The safety bulletins will continue from OEMS and additional topics were discussed. Current legislative initiatives were discussed as well as provider addiction and a mental health campaign.
- The trauma task force met in Richmond and presented a DRAFT Trauma System Plan. Each of the workgroups will now be meeting to address different elements that needs to be reviewed or revised in the draft document. If you are interested in seeing the draft trauma plan, please contact Wayne.
- At the end of 2017 all CE scanners will cease working. Please return the scanners to the Council so that we can return them to the state.
- The signed MOU was returned from OEMS on 11/28. The Council has been advised that the state will be exercising their option to opt out of the contract at the end of FY18 and issue a new MOU to start July 1.
- The State Stroke Plan is completed and posted on the OEMS website.
- Kimberly Owens and Mike Berg have left OEMS.
- The Narcan grant opportunity has been extended through 2/28/18 and information is available on the OEMS website RSAF webpage.
- A draft of the EMS Agenda 2050 is anticipated in April of 2018.

OEMS Update

- The EMS GAB approved a recommendation from the TCC/MDC that eliminated the PRE-requisite of CPR for an EMT student and changed it to a co-requisite. Details are included in the shared drive.
- Don't have firm data in yet, but there were 154 applicants for the EMS scholarship funding during the first cycle; 93 of which were submitted successfully, 61 are in “pending” status and have not yet been submitted. Of the applications submitted: 30 were for EMT programs; 6 for Intermediate programs; and, 57 for Paramedic programs. OEMS DED and OHE personnel continue to work with via regular email and phone contacts scholarship candidates with “pending” applications in order to complete them and move them through the decision process. The second application cycle began on January 1, 2018 and will end on February 28, 2018.
- Greg Neiman has left OEMS and will be replaced by William Fritz. Mike Berg's position is still open.

New Business:

No new business at this time.

Adjournment: The meeting adjourned at 8:00 PM.

Next Meeting: The next meeting will be held at 7 PM on April 18 at White Oak Volunteer Rescue Squad in Falmouth.