

RAPPAHANNOCK EMS COUNCIL BOARD OF DIRECTORS MEETING

Board of Directors

June 20, 2018

Board Members Present:

Jack Atkins, Rappahannock County
John Brandrup, At-Large
Mark Crnarich, At-Large
Scott Davis, City of Fredericksburg
David Garvin, King George County
Donald Gore, Rappahannock County
Mike Grubb, Spotsylvania County
Fred Messing, At-Large
David Moody, King George County
Maurice “Bud” Moody, Orange County
Nathan Mort, Orange County
Bill Ooten, Culpeper County
Louise Rollins, At-Large
Joe Williams, Fauquier County

Board Members Excused:

Eddie Allen, City of Fredericksburg
Susan Dietrich, Caroline County
Kevin Dillard, At-Large
Pat Fitzgerald, Westmoreland County
Mark Garnett, Caroline County
William Harrington, Spotsylvania County
Mary Hart, Fauquier County
Phyllis Hurlock, Culpeper County
Lori Knowles, Stafford County
Tim Malanka, At-Large
Jeffrey McClure, Stafford County
Dr. Tania White, Regional Medical Director

Staff Present:

Margot Moser, Office Manager
Wayne Perry, Executive Director

Guests:

Cierra Lewis, Fredericksburg Rescue

Agency Presentation:

Joe Williams thanked Darren Cornwell and Erin Jenkins of the department’s auxiliary for preparing the meal and gave the board a brief introduction to the agency. The Remington Volunteer Fire and Rescue Department was first established in 1942. While Fauquier County pays for a large portion of the department’s operating expenses, members fundraise for much of the equipment and facility costs. The agency is staffed 24/7, and staffs both BLS and, when possible, ALS trucks. The kitchen was recently refurbished to make it commercial grade, and the department is in the process of converting one classroom space into a lounge for members. Remington was one of the first stations in the county to have an ALS medic unit and the first EMT and Intermediate classes in Fauquier were also offered here.

Call to Order:

The meeting was called to order by Vice President Donald Gore at Remington Volunteer Fire and Rescue Department at 7:00 PM.

Approval of minutes:

The April 18, 2018 meeting minutes were approved as presented.

Public Comments/Presentations from Guests:

Scott Davis introduced his guest, Cierra Lewis, to the board and explained she was attending because she was a new Captain at Fredericksburg Rescue Squad and was learning the ropes.

President’s Report—Donald Gore

Mike Grubb is the newest member of the board representing Spotsylvania County. He will be replacing Greg Leitz and needs to be ratified. Mike Grubb ratified by the board with no discussion.

ACTION ITEM—Member Ratified: Mike Grubb

APPROVED

Vice President’s Report—Donald Gore

No report at this time.

By-Laws Committee:

No report at this time.

Nominating Committee:

Three At-Large seats expire this year and are currently up for re-election. Listed among the candidates are RJ Arft of Fauquier County, John Brandrup of Spotsylvania, Mark Crnarich of King George, Kelly Leva of Spotsylvania, Tim Malanka of Spotsylvania, and Wesley Melson of Colonial Beach. Ballots were distributed to the board by Wayne. Wayne also spoke in support of two of the incumbent At-Large members, John Brandrup and Mark Crnarich, stating they have both been active board members and very involved on the committee level. Ballots were collected and tallied by Wayne and Margot. RJ Arft, John Brandrup, and Mark Crnarich were all selected.

ELECTIONS—Expiring At-Large Seat
ELECTIONS—Expiring At-Large Seat
ELECTIONS—Expiring At-Large Seat

Randy J. Arft
John Brandrup
Mark Crnarich

Officers are also up for election tonight. Don Gore opened the floor for additional nominations as the slate is currently made up only of incumbent candidates. There were no further nominations from the board. Margot and Wayne tallied the votes; all officers were unanimously reelected with no write-in nominations.

Secretary’s Report—Mark Crnarich

Performance Improvement Committee:

The committee has not met since the last board meeting and will meet again on July 12. Mark stated that reports from the region were included in the Board Dropbox. These are reports that are being run quarterly, and Mark hopes to update the board at each meeting. First, he reviewed the incident disposition report for the region. According to the information available in VPHIB, only about 62% of responses to 9-1-1 calls result in actual transports.

The second report featured time intervals at the regional level—that is, time from arrival on scene to arrival at destination. Transport times vary as expected from locality to locality based on distance from facilities, etc. A report was also generated regarding which hospitals/agencies in the REMS region transport to the most frequently. The top five are no surprise and include SRMC, Mary Washington Hospital, Stafford Hospital, Fauquier Health, and UVA Culpeper. Some other facilities may be included due to non-emergency transport agencies included in the data.

The committee is also submitting reports to the Medical Direction committee for their review. Mark stated that should any directors have any questions, they may come to him.

Treasurer’s Report—John Brandrup

Finance Committee:

John stated that the Council’s financial statements were distributed to the board and asked if anyone had questions. There were no questions from the board.

Some localities have come back with their funding determinations. Orange County has agreed to fund 100% of the Council’s request, as have King George and Rappahannock Counties. The City of Fredericksburg funded 90% of the Council’s request. Because not all counties have returned their funding determinations, the Council needs more time to come up with the budget for the coming year. John asked for a motion to allow the Executive Committee to finalize the REMS Council FY 2019 budget. Fred Messing made such a motion, which was seconded by Bud Moody. With no further discussion from the board, motion carried.

ACTION ITEM—Executive Committee to Finalize Budget **APPROVED**

The transition to QuickBooks online is still going well. The new auditor is an expert in the software and plans to start the audit process in July. This will be the earliest an audit has ever been completed for the Council. The building refurbishment loan will also be paid off this year.

Guidelines and Training Committee:

The committee will meet again on June 26. Currently, the ALS release program is being revamped. Train-the-Trainers will be held in July. Notices will be sent out by Linda. John asked if there were any questions regarding the new program changes. Nathan Mort asked how this will work for counties who have their own protocols and release programs. John stated that each county's processes will be looked at individually in order to come to a reciprocal release agreement based on whether or not the county's process fulfills the minimum requirements of the Council's release process.

Christina Rauch of Mary Washington Hospital is looking for e-mail addresses for ICO and training officers; this is not a list maintained by the council as the individuals filling these positions changes frequently. Wayne informed the Directors that she may be in touch, and suggested that agencies may want to consider using e-mail addresses specific to the title rather than the name of the individual so that the Council and other agencies have a consistent e-mail address to use.

Committee Reports

CISM Report: Wayne Perry for Patricia Copeland

The team has been very active with both callouts and outreach events. There are no new members, and Trisha is still working on the business plan for the team. There are several K-Love Crisis Classes to be held at the end of June, to include Advanced Assisting Individuals in Crisis, Group and Individual Crisis Intervention, and Strategic Response to Crisis.

Jim Chandler of TEMS passed away on May 4.

Several team members attended the ICISF Baltimore Regional Conference from May 28-June 1.

Advanced Group Class will be held on July 7 and 8, hosted by the Spotsylvania Sheriff's Office.

Incident and Threat Mitigation: Wayne for Billy Harrington

No report. There was no quorum at the last committee meeting.

Medical Direction Committee: Wayne for Dr. Tania White

No significant updates from the committee. State Medical Direction will be held in the first week of July.

Pharmacy Committee: Wayne for Joey King

No report from the committee. Wayne reminded Directors that they should send agency CSRs to the Council.

Strategic Planning: Fred Messing

The committee continues to review the Strategic Plan. While the base document is solid, the committee plans to increase its specificity. There is currently no mention of the regional subcommittees in the plan while they are where the brunt of the Board's work gets done. The current plan will remain until 2019, but the revision process will start early to ensure timely board approval of the document in April.

Heart and Stroke: Wayne for Lori Knowles

The committee met on June 6 with no quorum. The next meeting will be held September 5. The Get Ahead of Stroke program was discussed and overall consensus was that the REMS region is in line with its current education and training efforts. Soon there will be an app for Stroke Sales for EMS, which will be pushed out when available. There was also discussion regarding the NOVA Council's stroke initiatives and REMS is ahead in its efforts.

Spotsylvania County is working on its HeartSafe Community application. The application was recently updated and is posted on the REMS website. The committee is also working on an application for schools and business to be designated as HeartSafe sites.

The REMS Region is a member of the Northern Virginia Heart Attack Coalition and a representative will be attending future meetings.

EMS Governor's Advisory Board: Wayne for Lori Knowles

The Advisory Board met on May 4. OEMS has new staff. Ronald Passmore is the manager of Regulation and Compliance; Billy Frisk is the BLS Training Specialist; and Keith Roberts is the new HR Specialist.

The EMS Agenda for the Future 2050 is open for public comment.

The Office of EMS, in conjunction with VDH, are working on developing an internal policy to consider requests for the reinstatement of impaired EMS providers who were sanctioned because of substance abuse issues.

The State Medical Direction Committee proposed accepting the revision to the Scope of Practice Procedures and Formulary. The largest change involved providers at the Intermediate level being unable to transport patients on Propofol infusion. After a request from Danny Wildman, this was tabled until more discussion can take place to determine the effect this will have on medical transport services.

HB 1412/SB 670 requires that fire departments and EMS agencies develop mental health awareness training curriculum for personnel; this takes effect July 1.

Dr. Marissa Levine resigned as health commissioner.

NPFA 3000 (Active Shooter standard) was fast-tracked. All agencies should take a look at this standard.

The National Institute for Occupational Safety and Health released an infographic to help EMS providers stay safe on the job; it may be found on their website.

Staff Report—Wayne Perry

Training Updates

- REMS has provided 24 National Registry test sites – the next site is June 23, followed by August 4 and October 20.
- Dr. Patterson, the primary investigator and author of the 2018 evidence-based fatigue guidelines project, will be hosting a webinar to discuss the fatigue risk management strategies for EMS on Wednesday June 27. Link available in the agenda.
- The staff is participating in the Virginia Opioid Addiction ECHO Tele-clinic sponsored by VCU, UVA, and Carillion. The goal of the bi-weekly sessions is to present evidence-based methods to support recovery from opioid use disorders and relate how to integrate these methods with medication therapy.
- JEMS provided a webinar on Mental Health: Breaking Down Barriers to Resiliency, which is not available for on-demand viewing.
- The pre-hospital care research forum has produced several podcasts which are available on the REMS Council website.
- Training announcements are listed on the REMS website and FaceBook page as well as provided in updates via social media. Please encourage providers to follow us on Twitter, like us on FB, and check the website periodically.

Events and Funding

- We are now closing out the 2018 golf tournament. We will be picking a date for 2019 shortly. If you have fundraising thoughts/ideas let Margot know.
- We have received preliminary notification from the Office of EMS that the CEU/Auxiliary funding will continue for FY2019. Once we receive more details/information we will pass it along.
- Community foundations, donor-advised funds, and family foundations are among the options for obscure funding sources for EMS agencies. See article in board materials for more information.
- The annual EMS Memorial Bike Ride Southern portion stopped in Fredericksburg on their way to Richmond, the REMS Council provided support and attended the memorial reading of names.

- The staff attended the annual Virginia Heart Attack Coalition/Mission LifeLine 10th annual state meeting on May 11.
 - Dr. Dan Carey, Secretary of Health and Human Resources and former Interventional Cardiologist, kicked off the day with a stirring keynote address. Dr. Carey was one of the original STEMI “activists,” having pioneered many of the original acute MI process strategies that would ultimately form the basis of the Door to Balloon initiative. He addressed the influence of organizational culture on efforts to improve patient outcomes and discussed current challenges in expanding access to care for patients in Virginia.
 - Attendees reviewed heart attack performance data in Virginia, the STEMI Accelerator II program and improvements in the Tidewater Region, ACC, and AHA acute coronary syndrome registries and regional updates from all corners of the Commonwealth. The afternoon featured updates on STEMI science, including ED bypass, STEMI in nonagenarians, medications use pre-hospital, cardiac arrest, and cardiogenic shock. The day concluded with EMS Mission: Lifeline Award presentations.
 - If you would like more information on STEMI care in Virginia over the coming year, please visit www.virginiaheartattackcoalition.org and follow on Twitter at @VHACML.
- The regional awards program is seeking nominations throughout the year and currently accepting applications for 2019. If you have someone who would be a worthy candidate, please e-mail Vivian at vdelts@vaems.org.
- Now that REPLICA has met the triggering quantity of states participating, the commission is working on several documents and processes to codify the arrangement. Details on the work can be found on the REPLICA website. South Carolina joined in May 2018 and became the 14th state to participate.
- The House of Representatives’ recently had a hearing on the re-authorization of the Pandemic and All-hazards Preparedness Act (PAHPA).
- Virginia Department of Health Office of Minority Health and Health Equity grant update. We are hosting a student from the VCU Care Coordination Certificate program who is working on their capstone project. The staff will likely participate in the program as a student in FY19.

Regional Systems and Programs

- We continue to offer Stress First Aid training. Please contact Wayne to begin the process of scheduling this opportunity.
- FirstNet has continued to meet with state and territory single points of contact (SPOC) and State Plan review teams in the states and territories, having now engaged with all states and territories on their respective State Plans. Stay tuned for updates and watch the State Plans Dashboard map develop. During the 2018 Boston Marathon this technology was used through the distribution of 80 devices issued to the incident response teams.
- The American Heart Association has released a 2018 update and it is available here, along with the latest statistics on sudden cardiac arrest.

Website/Technology

- The new website re-design seems to be cost prohibitive. We are considering having the staff receive additional training in WordPress to make the updates.

Executive Director Update

- The National Association of EMT's has published their 2017 Annual Report.
- The national database for sentinel and near-sentinel EMS events is up and ready to receive information. There is information about the E.V.E.N.T. program in an attachment on the e-mail and the reports are accessible through the REMS Council website as well. The 1st quarter 2018 Patient Safety Report and Violence Against Paramedics Report is published on their site, here is the link to the First quarter EMS Patient Safety Event Report.
- The strategic and regional approach to critical medication shortages webinar video, put out by HHS ASPR and ASTHO is available online and a link to the slides for the presentation are available in the agenda. Updates from HHS ASPR are available in their TRACIE communication, and several ASPR newsletters have been posted in the drop box.
- The Evidence-Based Guidelines for Fatigue Risk Management are available on Taylor and Francis online.
- The provider health and safety committee meeting was held May 4
- Weekly updates have been received from the Public Safety Advisory Committee (PSAC) and are available as a PDF in the drop box.

National Update

- National Registry has released candidate handbooks with step-by-step processes for submitting applications and taking certification exams. They are available for download on the National Registry website.
- NREMT has a new Executive Director, Bill Seifarth.
- FirstNET is functioning well and was used at the Boston Marathon in 2018.
- EMS World has published a video, "Not My Addiction," to educate first responders about the human costs of addiction and help responders focus on compassion and understanding.
- FICEMS:
 - NCIPC reports that in a study to characterize opioid overdose deaths, fentanyl was involved in more than 50% of deaths
 - Enhanced State Opioid Overdose surveillance program funds have been awarded to 32 states to allow for testing for a wider range of fentanyl analogs
 - Current Ebola outbreak in DCR; very low risk for the US. Consult the CDC website for resources.
 - DHS is still working to ascertain feasibility of administering Anthrax vaccine to first responders.
 - 35 states are now submitting NEMSIS V3 data.

- CMS issued guidance regarding how to leverage Medicaid technology to deal with the opioid crisis

Unfinished Business:

No unfinished business.

New Business:

No new business.

Adjournment: The meeting adjourned at 7:49 PM.

Next Meeting: The next meeting will be held at 7 PM on August 15 at Fredericksburg Rescue Squad.