

RAPPAHANNOCK EMS COUNCIL BOARD OF DIRECTORS MEETING

Board of Directors

August 15, 2018

Board Members Present:

Randy Arft, At-Large
Jack Atkins, Rappahannock County
John Brandrup, Treasurer, At-Large
Mark Crnarich, Secretary, At-Large
Scott Davis, City of Fredericksburg
Susan Dietrich, Caroline County
Kevin Dillard, President, At-Large
Pat Fitzgerald, Westmoreland County
Billy Harrington, Spotsylvania County
Mary Hart, Fauquier County
Phyllis Hurlock, Culpeper County
Jeffrey McClure, Stafford County
David Moody, King George County
Maurice "Bud" Moody, Orange County
William Ooten, Culpeper County
Louise Rollins, At-Large
Joseph Williams, Fauquier County

Board Members Excused:

Eddie Allen, City of Fredericksburg
Mark Garnett, Caroline County
David Garvin, King George County
Lori Knowles, Stafford County
Fred Messing, At-Large
Tania White, Regional Medical Director

Staff Present:

Wayne Perry, Executive Director

Agency Presentation:

Sherie Hogan, EMS Captain, gave a brief presentation about the agency. The first meeting of Richardsville Volunteer Fire Department was on June 20, 1970. In 1951, the area community center was taken over as a fire hall and four additions were made to the property. In 1968 the department acquired its first ambulance. The station now has one ambulance, one fire engine, and one response vehicle and the only water rescue team in Culpeper County. The agency has 42 members, 16 of whom are EMS. Their service area covers 100 square miles.

Call to Order:

The meeting was called to order by President Kevin Dillard at Richardsville Volunteer Fire Department and Rescue Squad at 7:00 PM.

Approval of minutes:

The August 15, 2018 meeting minutes were approved as presented.

Public Comments/Presentations from Guests:

None.

President's Report—Kevin Dillard

Wayne's mother has passed away. The REMS Council Board and Staff sent a flower arrangement to the funeral, but Wayne plans to request charitable contributions in lieu of flowers from others. After consulting with the accountant, Patrick Marek, it was determined that the easiest way for Wayne to do this would be to instruct individuals to donate to the Council. Wayne will then distribute the funds to organizations of his choice, as listed: up to \$300 to Low Linc, up to \$200 to Mental Health America Senior Visitors Program, and up to \$100 to Mary Washington Hospice. Any remaining contributions will go to the Council. Kevin called for a motion to compose a resolution outlining these stipulations. Motion from David Moody, second by John Brandrup. With no further discussion, motion carried.

ACTION ITEM—Memorial Donation Resolution

APPROVED

Stafford County has recently put a number of providers through AEMT training. It was brought to the Council's attention that the current REMS Protocols do not match the state scope of practice for AEMTs. The Council brought suggested revisions to the Regional Medical Direction Committee and the Protocol Subcommittee. These committees approved the suggested changes which were then approved by the Executive Committee, but they need to be ratified by the board at large. Motion to ratify from Susan Dietrich, seconded by Pat Fitzgerald. Motion carried.

ACTION ITEM—Update to AEMT Scope of Practice and Protocols **APPROVED**

The Fredericksburg Fire Department thanked the Council for its participation in and assistance with the moulage for the regional MCI drill.

The Council's Continuity of Operations Plan is up for approval. No changes have been made to this plan, but it has to be approved by the board annually. Motion to approve as presented from John Brandrup, seconded by Mark Crnarich. Motion carried.

ACTION ITEM—Continuity of Operations Plan

APPROVED

Grant Committee

The committee met on October 11 and reviewed six grants. Those recommendations have been sent on to the state and will be reviewed by the FARC committee.

Secretary's Report—Mark Crnarich

Performance Improvement Committee:

The last Performance Improvement Committee meeting was on October 11; there was not a quorum for business, so the committee discussed future projects and reviewed reports for the quarter. Mark is looking for additional committee members to increase

participation. Reports and slides were included in the board Drop Box. Most recently, the committee looked at stroke patient documentation and analyzed the data for quality and conformance to the stroke protocol. Documentation indicates adherence to the protocol is not uniform; blood glucose and stroke assessments were not documented in 100% of cases. LVO screen follow ups were not documented in many who were assessed as stroke positive, and most did not have last known well time documented. The PI committee is working with Heart and Stroke and plans to continue this measure to help determine if the issue is in compliance or in reporting.

Two other measures were on scene time for stroke patients and total field time with stroke patients.

The next meeting will be held in January.

Treasurer's Report—John Brandrup

Finance Committee:

Financial statements were sent out to the board and one question was received regarding an item listed as "Sales." This is an invoice that was issued to the Office of EMS for the quarterly payment; Quickbooks lists it as a "sale" but it is the regular quarterly payment.

The Council has not yet received information about the last of the FY 2019 locality allocations. Kevin and Wayne approached the Stafford County fire chief regarding funding for the Council. He is new to the department and Kevin and Wayne are hoping to familiarize him with Council services and obtain a positive response.

Guidelines and Training Committee:

ALS preceptor updates have been completed. Any preceptors who did not attend the update will have to attend a new preceptor course. The next Guidelines and Training Committee will be held on October 23. The committee is currently working on an electronic preceptor packet.

Committee Reports

Incident and Threat Mitigation: Billy Harrington

On October 2, Fredericksburg City did a joint active shooter / MCI drill and it was very realistic and much was learned from the experience. Billy asked that if board member jurisdictions have drills, members please let him know so that someone from the Council or the committee can come out to participate and observe to help improve the MCI Plan.

The committee will meet October 18. Currently they are working on a Hostile Incident Response Guide and addressing some issues that may be impediments during an MCI.

Board members are also reminded that the third Sunday is still triage tag day and that providers need practice so please participate.

Medical Direction Committee: Wayne Perry for Dr. Tania White

Medication shortages continue and each Pharmacy meeting has included updates regarding what is and is not on shortage. All revised protocols have been sent out as necessary. The most impactful shortage at the moment is Ketamine. There may be a delivery as early as February of 2019. The Pharmacy Committee is looking at replacements, but many benzodiazepines have also been on shortage so there has been some delay in identifying a feasible replacement. The Chemical Restraint protocol that was on the agenda for this evening is going to be tabled because the replacement drug has not yet been confirmed with both Medical Direction and Pharmacy.

Dose-limiting containers have been approved for use by EMTs by the state. EMTs may not give partial syringes, but are able to administer an entire pre-filled syringe. The Altered Mental Status and Overdose, Poisoning, and Toxic Ingestion protocols have been updated to allow for the administration by EMTs of a pre-filled syringe of Narcan in the case of an opioid overdose. John Brandrup made a motion to approve these updated protocols, which was seconded by David Moody. With no further discussion, motion carried.

ACTION ITEM—Altered Mental Status update **APPROVED**

ACTION ITEM—Overdose, Poisoning, and Toxic Ingestion update **APPROVED**

Personnel Committee: David Moody

The Council has received an insurance proposal prepared for all the state EMS Councils. Chief Moody is in the process of reviewing the packet, but it is not yet an issue.

Pharmacy Committee: Kevin Dillard for Joey King

The Committee is currently working on keeping agencies informed about shortages and working with hospital staff to find alternatives to those medications that are on shortage. The committee is also looking at and planning to recommend enhancements to the security of the regional medication boxes at a future meeting.

Strategic Planning: Wayne Perry for Fred Messing

The Committee met on September 20 and is reviewing the plan and working towards a new draft to present to the Board for the 2019 plan renewal. The most recent meeting was spent looking at individual items of the plan and assigning them to either committees or Council staff. Some items, such as those referencing ALS training, may be removed; additional information may be added regarding CISM services. The committee hopes to have a draft prepared by either the December or February meeting.

Heart and Stroke: Kevin Dillard for Lori Knowles

Spotsylvania County submitted an application to become a Heart Safe Community. The Committee has reviewed this application and recommends its approval. Billy Harrington made a motion to approve the application as presented, which was seconded by Bud Moody. With no further discussion, the motion carried.

ACTION ITEM—Spotsylvania County Heart Safe Application APPROVED

Staff Report—Wayne Perry

Training Updates

- REMS has provided 25 National Registry test sites – the next site is October 20 and registration is available on the website.
- The staff is participating in the Virginia Opioid Addiction ECHO Tele-clinic sponsored by VCU, UVA, and Carillion. The goal of the bi-weekly sessions is to present evidence-based methods to support recovery from opioid use disorders and relate how to integrate these methods with medication therapy. Some of the presentations and materials were included in the DropBox.
- JEMS provided a webinar titled “Mental Health: Breaking Down Barriers to Resiliency,” which is now available for on-demand viewing and linked in the staff report sent with the agenda.
- The pre-hospital care research forum has produced several podcasts which are linked in the staff report as well as on the REMS Council website.
- PHI Air Medical’s PACES conference will be held October 26-27. Information for registration is available on the REMS Council website.
- NHTSA has published nerve agent information for EMS and Hospital personnel, which can be found on their website.
- EMS World hosted a webinar training on October 4 to discuss first responder mental health and suicide awareness. They also hosted a presentation about identifying and managing cumulative stress disorder in organizations and personnel.
- Training announcements are listed on the REMS website and Facebook page, as well as provided in updates via social media. Please encourage providers to follow us on Twitter, like us on FB, and check the website periodically.

Events and Funding

- Staff is now in the planning stages for the next golf tournament and will be picking a date for 2019 shortly. If you have fundraising thoughts/ideas let Margot know.
- The Council held the first of two RFP processes for the CEU/Auxiliary funding program. The last RFP was sent out by blast fax and social media, but nobody submitted for funding. If we continue to leave money on the table it is likely that OEMS will remove the funding and redistribute to another process.

- The VA Stroke QI Advisory Group met and has been working to identify PI opportunities. Information from their meeting is available in the drop box.
- The Virginia State Stroke Task Force (VSSTF) met July 20 and will meet again on October 19 in Charlottesville. Information from their last meeting is available in the drop box.
- The regional awards program is seeking nominations throughout the year and currently accepting applications for 2019. If you have someone who would be a worthy candidate, please e-mail Vivian at vdelts@vaems.org.
- Virginia Department of Health Office of Minority Health and Health Equity grant update. We did apply and get accepted to the current VCU Care Coordination Certificate program. This cohort will run for a year.

Regional Systems and Programs

- OEMS provided Council staff with OMD expiration information. Dr. Crovatin, Dr. Johnson, Dr. Reese, and Dr. Rickabaugh are all expiring in 2019. Please contact Council staff for information regarding recertification.
- The Council continues to offer Stress First Aid training. Please contact Wayne to begin the process of scheduling this opportunity.
- The American Heart Association has released a 2018 update and it is available online, along with the latest statistics on sudden cardiac arrest.

Executive Director Update

- Quarterly report from 1Q FY19 is being finalized for submission to OEMS We are currently in the 2Q FY19, the report for which is due by the end of October.
 - PLEASE don't forget the quarterly meeting requirements so that we don't have to pay a penalty.
 - PLEASE submit meeting minutes and related documents in a timely manner. We are not able to submit them and have them posted unless we receive them.
- The national database for sentinel and near-sentinel EMS events is up and ready to receive information. The 1st quarter 2018 Patient Safety Report and Violence Against Paramedics Report is published on their site, and the link to the Second Quarter EMS Patient Safety Event Report is in the staff report.
- Doug Lowe informed the Council of the availability of medical equipment to soon be unused by the federal government which may be available for donation. Please let the Council know if you are interested in obtaining any of these supplies.
- The City of Hopewell requested, and received, an AG interpretation regarding the use of four-for-life funding.
- The House of Representatives had previously and the Senate as of October 11 unanimously approved HR1037 supporting the National EMS Memorial. It is on the President's desk for signature now.
- Special thank you to Orange County Fire/Rescue who donated several retired stretchers to the REMS Council training center.

- The strategic and regional approach to critical medication shortages webinar video, put out by HHS ASPR and ASTHO is available online and a link to the slides for the presentation are available. Updates from HHS ASPR are available in their TRACIE communication, and several ASPR newsletters have been posted in the staff report and Drop Box.
- The RDG has been invited to participate in a committee on safety in schools, to make recommendations on improving and health and welfare of students. If you have anything you'd like for us to include, please let Wayne know.
- TEMS Council has selected a new executive director, David Long.
- Evidence Based Guidelines for Fatigue Risk Management have been issued and are available online.

OEMS Updates

- The Virginia EMS Scholarship Program will officially launch on October 17, 2018 at 12:01 AM. The Office of EMS notified all students who were enrolled in an eligible Virginia approved initial certification program from July 1, 2018 through October 15, 2018 to make them aware of their potential eligibility for the new scholarship program.
 - The Virginia EMS Scholarship web page has been updated and you can seek more information on that page. Additionally, they have developed a step-by-step, screenshot-by-screenshot, Quick Guide to assist students with applying for the scholarship.
- OEMS issued an announcement of enforcement action regarding initial course enrollment paperwork. Please read the 09-21-2018 Enforcement of 1431 document in the DropBox.
- Chris Vernovai, OEMS's new EMS Systems Planner began work at OEMS on September 25.

Unfinished Business:

No unfinished business.

New Business:

No new business.

Adjournment: The meeting adjourned at 7:32 PM.

Next Meeting: The next meeting will be held at 7 PM on December 12 at Mary Washington Hospital.