

RAPPAHANNOCK EMS COUNCIL BOARD OF DIRECTORS MEETING
Spotsylvania Department of Fire, Rescue, and Emergency Management, Station 1
December 11, 2019

Board Members Present:

John Brandrup, At-Large
Mark Crnarich, At-Large
Scott Davis, City of Fredericksburg
Susan Dietrich, Caroline County
Kevin Dillard, At-Large
Pat Fitzgerald, Westmoreland County
Mark Garnett, Caroline County
Donald Gore, Rappahannock County
Mike Grubb, Spotsylvania County
Mary Hart, Fauquier County
Phyllis Hurlock, Culpeper County
Mike Jones, City of Fredericksburg
Lori Knowles, Stafford County
Jeffrey McClure, Stafford County
Fred Messing, At-Large
David Moody, King George County
Maurice Moody, Orange County
Joseph Williams, Fauquier County

Board Members Excused:

Jack Atkins, Rappahannock County
David Garvin, King George County
William Harrington, Spotsylvania County
William Ooten, Culpeper County
Dr. Tania White, Regional Medical Director

Board Members Absent:

R.J. Arft, At-Large
Nathan Mort, Orange County
Louise Rollins, At-Large

Staff Members Present:

Margot Moser, Office Manager
Wayne Perry, Executive Director

Guests:

Leddyanne Dell, Virginia Office of EMS, Regional Education Coordinator
Adam Harrell, OEMS, Associate Director
Narad Mishra, OEMS, Epidemiologist
Tim Perkins, OEMS, Division Manager
Christina Rauch, Mary Washington Healthcare, EMS Coordinator
Vincent Valeriano, OEMS, Epidemiologist

Agency Presentation:

Chief Cullinan gave a presentation about the history of the Spotsylvania Department of Fire, Rescue, and Emergency Management. The volunteer fire department was first formed in Spotsylvania in 1947. Chancellor VFRS was established in 1956 and Spotsylvania VRS was established in 1974. Spotsylvania County Fire Rescue and Emergency Management was first established in 1981 because of the growth of the area with the addition of the Spotsylvania Mall. Emergency Medical Services were added in 1989.

The County covers about 400 square miles containing a population of 135,000 – 140,000. The department has 240 career staff, including office staff, and 11 non-sworn personnel.

Fire Rescue and Emergency Management partners with the volunteer agencies to staff 11 stations 24/7. The department requires firefighters to obtain ALS certification within 4.5 years through an internal paramedic training program in order to ensure all patients receive the highest possible level of care. In 2019, the department responded to roughly 19,000 calls, annually transporting 9,000 – 9,500 patients.

Call to Order:

The meeting was called to order by President Kevin Dillard at 7 PM at Spotsylvania Department of Fire Rescue and Emergency Management, Station 1.

Approval of minutes:

Minutes for the October 16, 2019 meeting approved as presented.

Public Comments/Presentations from Guests:

Presentation from Vince Valeriano regarding the 2019 EMS Provider Mental Health Survey. See attached presentation for data points.

President’s Report—Kevin Dillard

Grant Committee:

FARC received 112 grant requests totaling \$14.3 million; \$4.2 million was awarded. The Council’s agencies did excellent work with the grants submitted and awards will be announced on January 1.

Kevin sent a letter to the Governor and some state senators on behalf of the Council regarding state trauma funding and changes to the budget. Please see attached response.

The FY 2019 Annual Report has been distributed to the board for review. Bud Moody made a motion to approve, seconded by John Brandrup. Motion carried.

ACTION ITEM—FY19 Annual Report

APPROVED

The COOP plan is up for annual review. No changes were suggested at this time. Motion to approve from John Brandrup, seconded by Fred Messing. Motion carried.

ACTION ITEM—COOP Plan

APPROVED

Kevin introduced the board to Leddyanne Dell, the new Regional Educator employed by OEMS for planning district 16. She has served with Alexandria Fire for 19 years and was hired by OEMS in October. This position is intended to enhance CME offerings in the area and help each jurisdiction provide evidence-based teaching for category 1 continuing education. Topics will be informed by epidemiology and agency preferences. Kevin

welcomed Leddyanne; she may be contacted via e-mail at leddyanne.dell@vdh.virginia.gov. Kevin also announced the new program representative assignments. That information is available on the Council website and was also distributed prior to the meeting.

Kevin gave a recap of the progress with the Regional Office of the Virginia Office of EMS project. The ad hoc committee, formed from the Executive Committee and the chairs of Strategic Planning and Personnel Committees, has been working hard with the Office of EMS to come to an agreement. Kevin thanked the staff from OEMS for being so responsive and helpful. The final agreement was distributed to the board prior to the meeting. John Brandrup made a motion to approve the agreement as presented, with a second from Lori Knowles. Motion carried unanimously.

ACTION ITEM—Proposed Regional Office of EMS Agreement APPROVED

Kevin introduced Tim Perkins and Adam Harrell. Tim updated the board on some of OEMS’s programs; EMS Officer 1 was taught at the 2019 Caroline County Fire School and will be offered again this coming year. The Standard of Excellence Program is also being shored up and they are looking for more applicant agencies operating above and beyond the regulation standards.

The Mobile Integrated Healthcare / Community Paramedicine Committee Workgroup met last week. They have developed a whitepaper explaining the background of MIH/CP and “application”/notice of intent for agencies intending to launch a program. This is not an approval process; the needs of each community are very different and each program will need to be developed with heavy OMD involvement. There will need to be future changes to EMS regulations to keep up with the development of the field as well.

Adam Harrell stated that the Office of EMS is excited for the partnership with REMS and that he is available to assist with questions. He also reiterated that the call for presentations for next year’s Symposium is open. This year’s Symposium was the largest EMS conference in the nation as far as education is concerned. The largest conference by attendance was EMS World Expo; OEMS will be partnering with EMS World next year. They are sponsoring Symposium and offering a registration discount for EMS World for VA providers.

The state is transitioning to using Fieldprint for fingerprinting needs and Adam wanted to clear up some misconceptions. The previous practice was to get fingerprinting cards from the Councils, get printed by local law enforcement, then mail the cards to OEMS. Now the cards will come from Fieldprint. Providers may go to a Fieldprint location, but will not have to as Fieldprint will also mail cards with prepaid envelopes. Providers will return cards to them for processing. This should cut down on the delay in processing cards and will not significantly change the general process for agencies and providers.

The state also has a contract with Bob Page to provide CE and are working on a process for localities to request his services. The aim is for him to teach for the largest audiences possible, but he will be available to everyone.

The state is also looking at a replacement for the EMSAT program. They are hoping to create live real-time, synchronous education online so that providers may be able to take courses from the comfort of their own home or at remote sites with educator interaction.

Beginning in 2020, the state has signed on with National Registry to participate in national research. There is a large team of researchers at National Registry that will be able to provide insights about Virginia specifically. Some topics to be addressed are workforce retention, continuing education requirements, mental health, etc.

Vice President's Report—Donald Gore

No report.

Secretary—Mark Crnarich

Performance Improvement:

The committee will meet again on January 9. Some regional data was included in the Board Dropbox prior to the meeting, including average time on scene to destination. The amount of time spent with patients ranges from 22 minutes to over one hour. The limits of this range correspond with distance from hospitals. The Council also receives limited distribution Narcan reports which show that our service area falls right around the middle as far as distribution numbers throughout the state.

Treasurer's Report—John Brandrup

Financial statements were sent out prior to the meeting. The Council has found an auditor; work will begin in January and we have requested they file an extension for the 990.

Finance Committee:

The Planning District 16 funding application needs to be approved by the board. Fred Messing made a motion to approve as presented, seconded by Jeff McClure. Motion carried.

ACTION ITEM—PD 16 Funding Application

APPROVED

Guidelines and Training Committee:

The committee met in October and made revisions to the committee charter. The committee recommends a reduction of meetings from bimonthly to quarterly, and the

establishment of a quorum of three members. There was some discussion from the board whereupon it was agreed that membership quorum should be revisited. David Moody made a motion that the revised meeting dates be accepted with the understanding that the question of quorum will go back to the committee. Motion seconded by Fred Messing. Motion carried.

ACTION ITEM—GTC Charter Revisions

APPROVED

Committee Reports

Medical Direction Committee: Wayne Perry for Dr. Tania White

Pre-filled epi syringes are still on shortage and proving a large inconvenience; currently epi kits are being issued instead of epi syringes. There are no other new developments regarding medication shortages. The Protocol Subcommittee is currently working on the three year update of the protocols.

Wayne stated that flu season is in full swing and everyone should be getting vaccinated.

Personnel Committee: Chief David Moody

The committee is currently working on handling the transition to state partnership, including consideration regarding what to do about compensating for leave, the provision of benefits, and IRAs. The Council will have a seat at the table with the hiring committee for the state FTE positions to be offered and the committee is currently reviewing materials regarding the transition.

Strategic Planning: Fred Messing

The Strategic Planning committee had a teleconference last month to be briefed of the ad hoc committee's progress on the Regional Office of EMS process. Kevin thanked the ad hoc committee for their work, and Fred thanked Kevin and the staff from OEMS.

Heart and Stroke Committee: Lori Knowles

The committee held an informational meeting a couple weeks ago. The charter is due for an update in March, and the committee will be reviewing data provided by the Performance Improvement Committee.

State EMS Advisory Board: Lori Knowles

The state EMS plan for 2020-2022 was approved by the Governor's Advisory Board and is going to the Board of Health for final approval. Updates to the Scope of Practice are also upcoming.

Representatives from Virginia Beach did a presentation regarding a shooting in the area and lessons learned.

Staff Report—Wayne Perry

HR/Personnel and Funding Updates

- The council continues to use the electronic timesheet program. Details are also now included in the Council's OEMS quarterly report to identify areas of work and quantities of manpower devoted to specific projects. If you have questions about a specific project or work that we do for your jurisdiction please talk with Wayne.

Regional EMS System

- The regional awards program is seeking nominations throughout the year and currently accepting applications for 2020. If you have someone who would be a worthy candidate, please e-mail Vivian at vdelts@vaems.org. The staff has chosen a date: June 16, 2020.
- The regional MCI drill for 2019 was hosted by Fredericksburg Fire Department and occurred November 3. The AAR and documentation for lessons learned are being compiled and will be available soon. We would like to see a parallel event for PD9! If you are interested in hosting an event or participating, please let Wayne know.
- The CISM Team Therapy Dogs and Chaplains were recognized at the Governor's EMS Awards at Symposium.
- Various documents from Northern and Northwest Hospital Coalition events and meetings are available in the drop box.
- A safety and awareness warning was issued regarding alterations in the packaging and preparation of Fentanyl products and derivatives. The REMS Council encourages you to participate in the Virginia Fusion Center Network to receive timely safety updates.
- Several current regional PI data reports are available in DropBox.
- The Virginia Fusion Center has reported that ransomware malware with signatures consistent with Clop (aka CloP) has been observed infecting networks in higher education organizations in Louisiana.
- The staff is participating in the Virginia Opioid Addiction and Virginia Palliative Care ECHO Tele-clinics sponsored by VCU, UVA, and Carillion. The goal of the bi-weekly sessions is to present evidence-based methods to support recovery from opioid use disorders and relate how to integrate these methods with medication therapy. Some of the presentations and materials are included in the Drop Box.

Training and Program Updates

- Training announcements are listed on the REMS website and FaceBook page, as well as provided in updates via social media. Please encourage providers to follow us on Twitter, like us on FB, and check the website periodically.

- REMS has provided 31 National Registry test sites – CY 2019 schedule is complete and we are evaluating dates and needs for CY 2020.
- We continue to offer Stress First Aid training. Please contact Wayne to schedule.
- The Council is interested in partnering with agencies on stop the bleed courses. If you have personnel or events please let us know; we have training equipment and supplies.
- The REMS Council has partnered with the Virginia Center on Agency, Geriatric Education Center at VCU with plans to provide EMS providers with POST, DDNR, and end-of-life education.
- The REMS Council hosted the PER-211 medical management of CBRNE course through Texas A&M in Stafford County. We had more than 40 participants register for the 2-day training course.

EMS at the National Level

- The national database for sentinel and near-sentinel EMS events is up and ready to receive information. There is information about the E.V.E.N.T. program in an attachment on the e-mail and the reports are accessible through the REMS Council website as well. The 2nd quarter 2018 Patient Safety Report and Violence Against Paramedics Report is published on their site, here is the link to the Third Quarter Patient Safety Event Report.
- The strategic and regional approach to critical medication shortages webinar video, put out by HHS ASPR and ASTHO is available online and a link to the slides for the presentation are available. Updates from HHS ASPR are available in their TRACIE communication, and several ASPR newsletters have been posted in the staff report and Drop Box.
- The NAEMT annual report is linked in the staff report. Earlier this year, NAEMT conducted a survey of members to understand what agencies were doing to prevent and respond to acts of violence against their personnel. The results of this survey have just been published in the NAEMT National Report on Violence Against EMS Practitioners. This report provides a very clear picture of this ongoing challenge and provides recommended actions that EMS agencies can take to protect and support practitioners.
- H.R. 1309 (Workplace Violence) passed in the House of Representatives on November 21. It's now moved over to the Senate for action.
- The NHTSA Office of EMS has published the EMS Agenda 2050 and the Education Agenda for the Future. This document portrays a vision for the future of EMS along with companion documents of the updated National EMS Scope of Practice Model and the National Model EMS Clinical Guidelines. These documents will be woven into the regional committee structures as well as the strategic planning moving forward.

EMS at the State Level

- A link to the latest VPHIB data submission and validity score reports, including agency compliance with VPHIB data reporting, is included in the staff report.

- Regional Director’s Group met in Richmond last week. We had a work session with OEMS and are collaborating on projects to increase communications and efficiency of EMS programs throughout the region. We plan to meet again in March after the GA session.
- The next meeting of the Health and Human Services Sub-panel will be January 7, 2020 in Henrico.
- The VSSTF Collaborative Group met 11/12/19 and discussed EMS LVO Triage and transport to the nearest MT capable center. It appears that most EMS agencies across the Commonwealth are utilizing a stroke triage scale that takes into account an LVO, but only a handful are using this information to make transport decisions to an MT capable facility. The goal is for every EMS agency to use an LVO triage scale for evaluation and transport. EMS agencies that are utilizing this to make transport decisions have varying timeframes, which led to a discussion about timeframe. They will be researching this topic and discussing what evidence-based tools are available to help with determining a timeframe during the next meeting. Documents from this meeting are available in the drop box.
- The VSSTF is planning to send out a survey to the EMS agency super-user, please be on the lookout for this and respond to provide data for our region. Additional documents are available in the drop box.
- Our next regular RDG meeting will be at the beginning of February. The meeting minutes from our last meeting are available in DropBox. A copy of the last Office of EMS Quarterly report is included in dropbox and previous reports are available here.
- The REMS Council is participating on the Medical Direction Committee – MIH-CP workgroup; the next meeting will be January 2020. Previous meeting minutes are available here.

OEMS Updates:

- There is a new map depicting the EMS Program Representative coverage area available in the drop box.
- 2019 Educator Updates have been scheduled. The schedule may be found on the OEMS website and the REMS CE calendar.

Unfinished Business:

No unfinished business.

New Business:

No new business.

Adjournment: The meeting adjourned at 8:29 PM.

Next Meeting: The next meeting will be held at 7 PM on February 19, 2020, at a to be determined location.



COMMONWEALTH of VIRGINIA

Office of the Governor

Aubrey L. Layne, Jr.
Secretary of Finance

November 13, 2019

Mr. Kevin Dillard
President
Rappahannock Emergency Medical Services Council, Inc.
435 Hunter Street
Fredericksburg, Virginia 22401

Dear Mr. Dillard:

Thank you for your correspondence regarding the biennial budget and funding for the Trauma Fund. I am writing to notify you that I have shared your request with the appropriate staff members so that it can be placed on the list of requests to be reviewed.

Thank you again for contacting us regarding this matter. Please contact my office if you have any questions.

Sincerely,

A handwritten signature in cursive script that reads "June W Jennings".

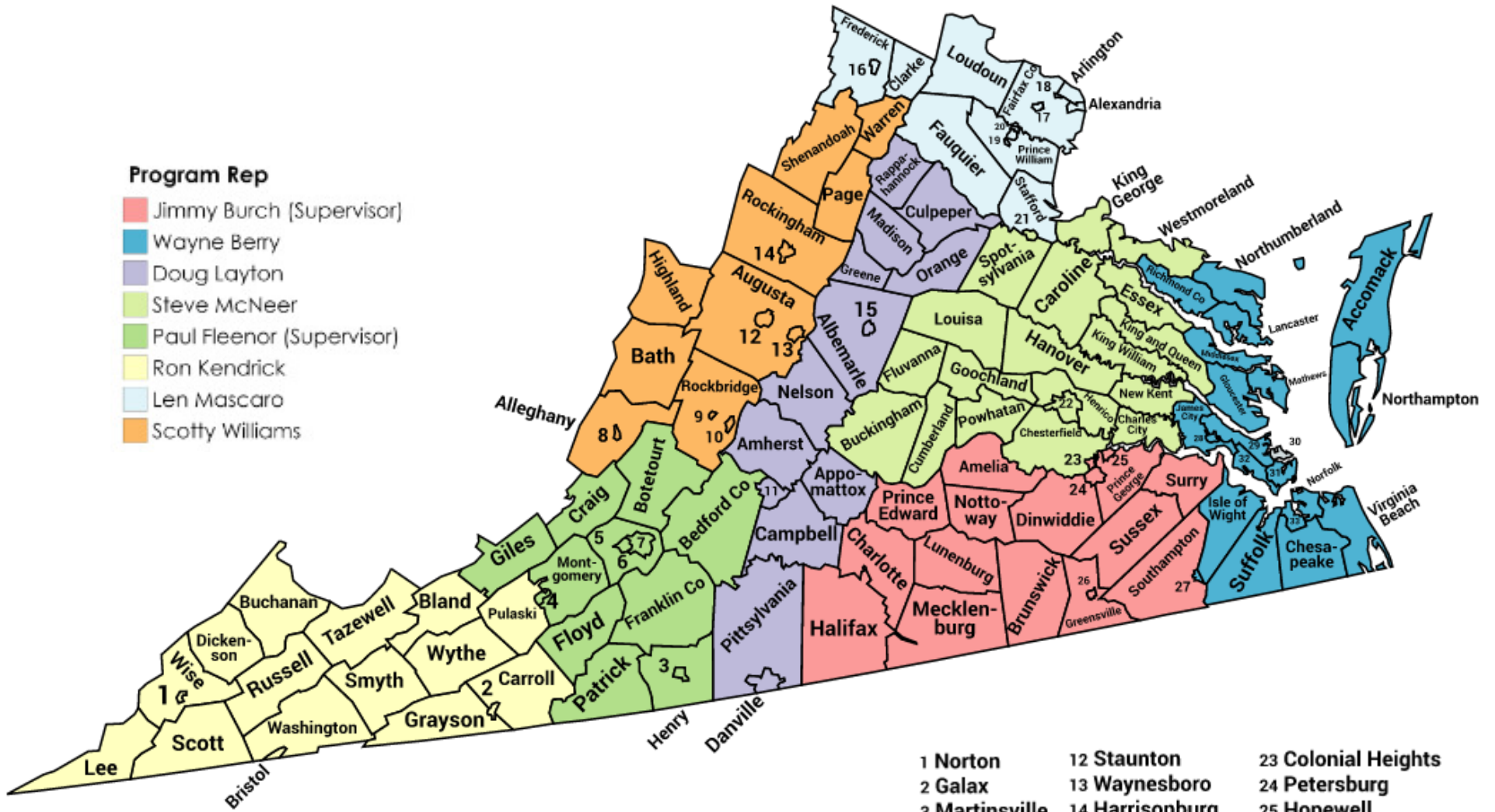
June Jennings
Deputy Secretary of Finance

Program Representatives

Jimmy Burch Supervisor	Doug Layton	Steve McNeer	Wayne Berry	Paul Fleenor Supervisor	Ron Kendrick	Scotty Williams	Len Mascaro
<u>Counties:</u> Amelia Brunswick Charlotte Dinwiddie Greenville Halifax Lunenburg Mecklenburg Nottoway Prince Edward Prince George Southampton Surry Sussex <u>Cities:</u> Colonial Heights Emporia Hopewell Petersburg	<u>Counties:</u> Albemarle Amherst Appomattox Bedford Campbell Culpeper Greene Madison Nelson Orange Pittsylvania Rappahannock <u>Cities:</u> Charlottesville Danville Lynchburg	<u>Counties:</u> Buckingham Caroline Charles City Chesterfield Cumberland Essex Fluvanna Goochland Hanover Henrico King and Queen King George King William Louisa New Kent Powhatan Spotsylvania Westmoreland <u>Cities:</u> Fredericksburg Richmond	<u>Counties:</u> Accomack Gloucester Isle of Wight James City Lancaster Mathews Middlesex Northampton Northumberland Richmond Co York <u>Cities:</u> Chesapeake Franklin Hampton Newport News Norfolk Poquoson Portsmouth Suffolk Virginia Beach Williamsburg	<u>Counties:</u> Botetourt Craig Floyd Franklin Co Giles Henry Montgomery Patrick Roanoke Co <u>Cities:</u> Martinsville Radford Roanoke Salem	<u>Counties:</u> Bland Buchanan Carroll Dickenson Grayson Lee Pulaski Russell Scott Smyth Tazewell Washington Wise Wythe <u>Cities:</u> Bristol Galax Norton	<u>Counties:</u> Alleghany Augusta Bath Highland Page Rockbridge Rockingham Shenandoah Warren <u>Cities:</u> Buena Vista Covington Harrisonburg Lexington Staunton Waynesboro	<u>Counties:</u> Arlington Clarke Fairfax Co Fauquier Frederick Loudoun Prince William Stafford <u>Cities:</u> Alexandria Fairfax Falls Church Manassas Manassas Park Winchester

Program Rep

- Jimmy Burch (Supervisor)
- Wayne Berry
- Doug Layton
- Steve McNeer
- Paul Fleenor (Supervisor)
- Ron Kendrick
- Len Mascaro
- Scotty Williams



- | | | |
|----------------|--------------------|---------------------|
| 1 Norton | 12 Staunton | 23 Colonial Heights |
| 2 Galax | 13 Waynesboro | 24 Petersburg |
| 3 Martinsville | 14 Harrisonburg | 25 Hopewell |
| 4 Radford | 15 Charlottesville | 26 Emporia |
| 5 Roanoke Co | 16 Winchester | 27 Franklin |
| 6 Salem | 17 Fairfax | 28 Williamsburg |
| 7 Roanoke | 18 Falls Church | 29 York |
| 8 Covington | 19 Manassas | 30 Poquoson |
| 9 Lexington | 20 Manassas Park | 31 Hampton |
| 10 Buena Vista | 21 Fredericksburg | 32 Newport News |
| 11 Lynchburg | 22 Richmond | 33 Portsmouth |



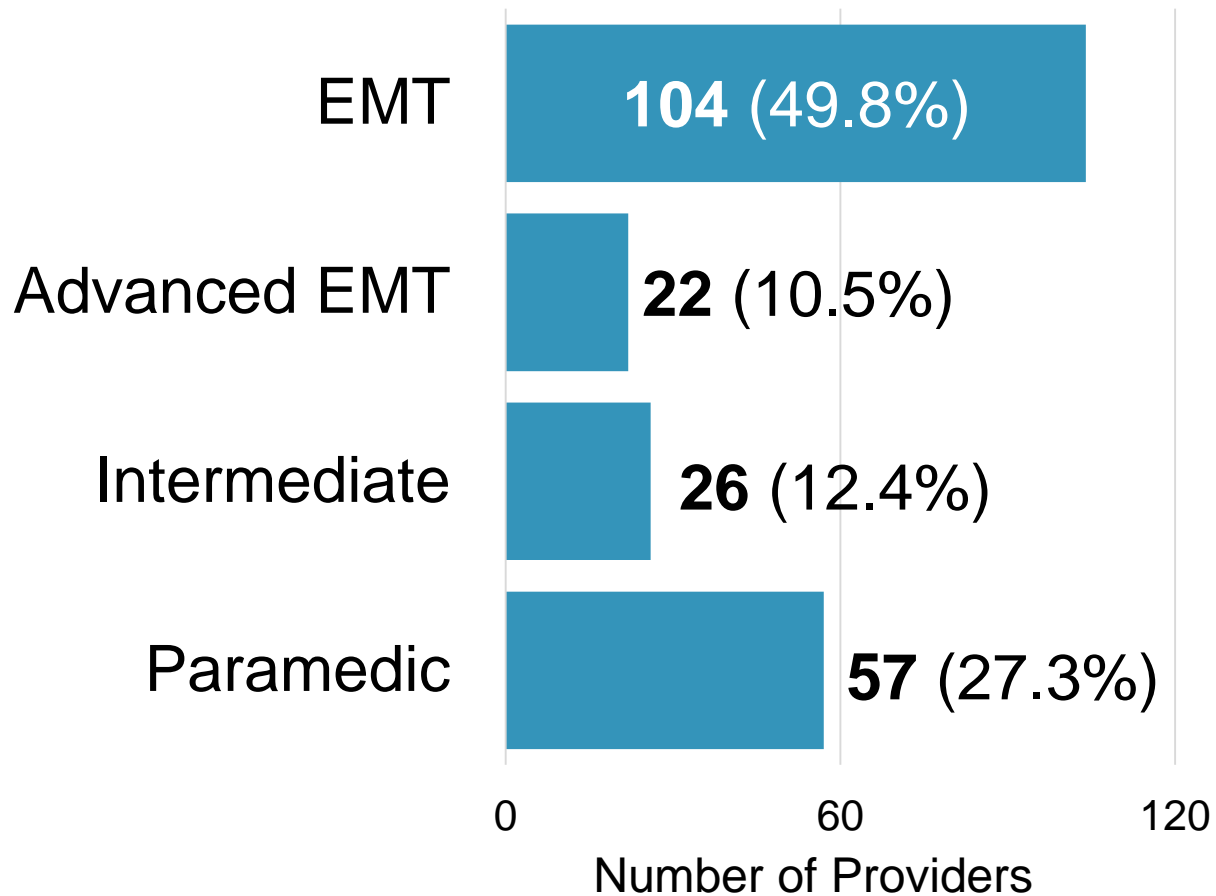
2019 Virginia EMS Provider Mental Health Survey Results: Rappahannock EMS Regional Council

Virginia Department of Health
Office of Emergency Medical Services

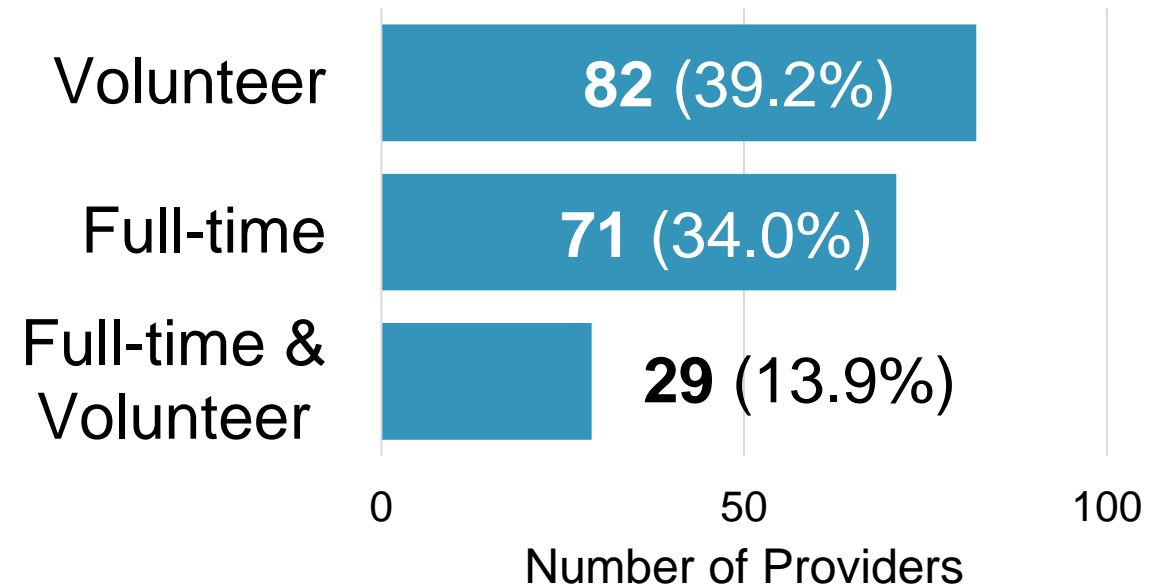
Vincent Valeriano, MPH, CHES

Participants: 209 Active EMS Providers

Certification Level



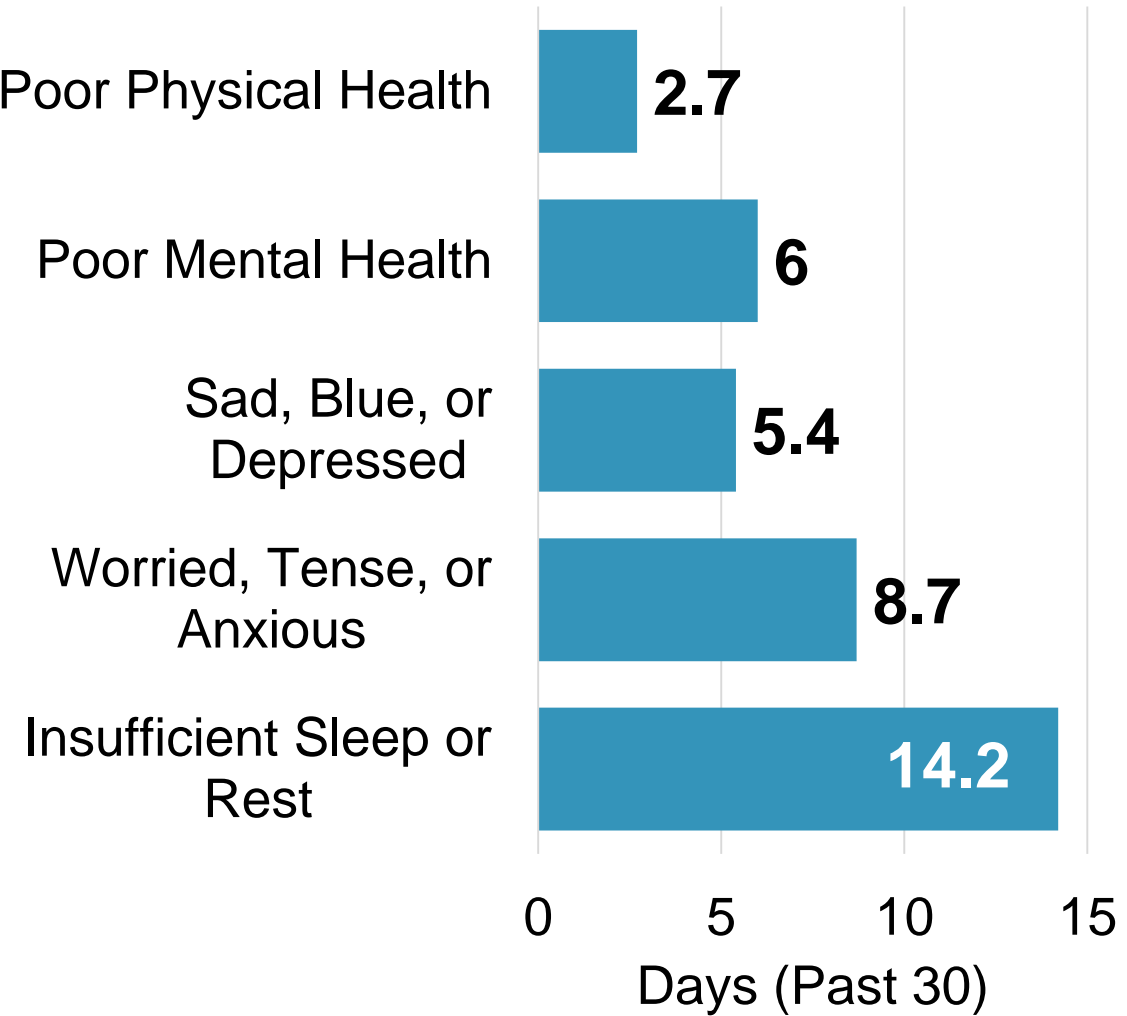
Top Employment Statuses



73.2%
of participants were associated with a
fire suppression agency

Key Findings: Health-Related Quality of Life (HRQoL)

HRQoL Indicators



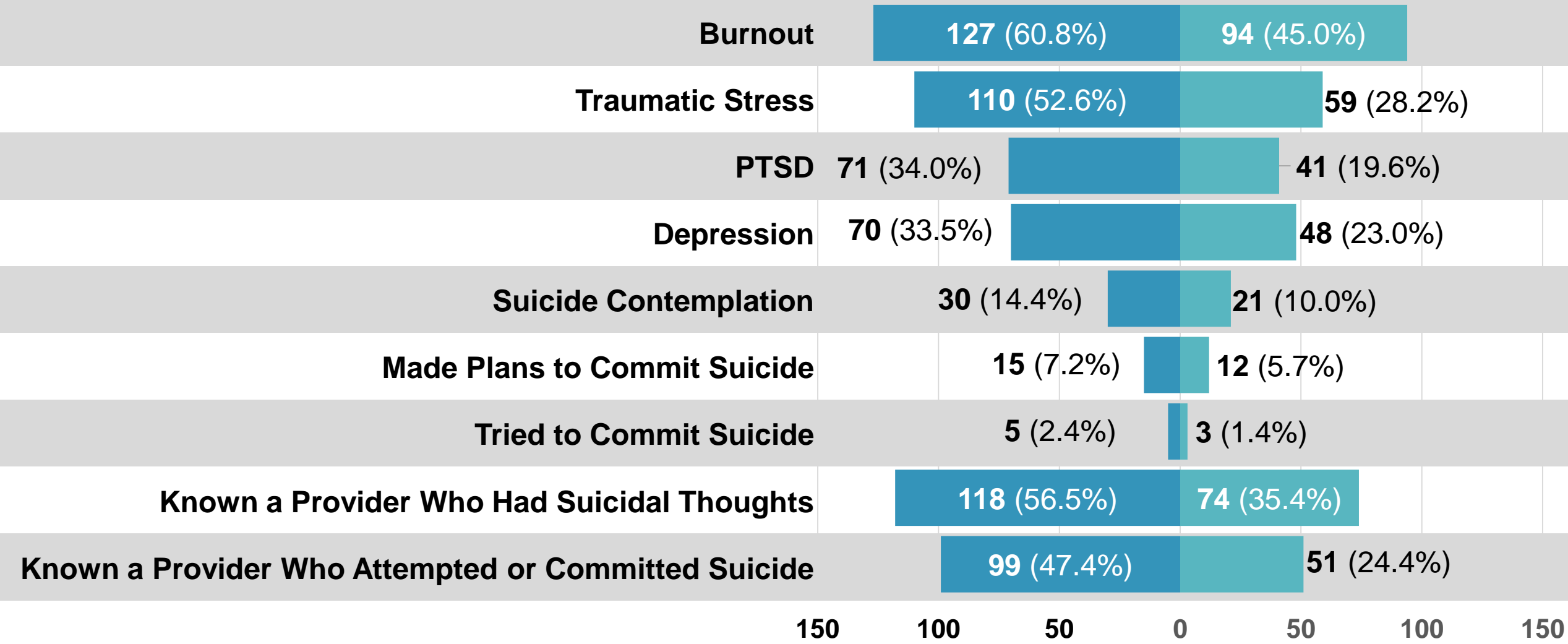
Percent of Providers Who Experienced 14 or More Days of a HRQoL Indicator in a 30-Day Period

HRQoL Indicator	%
Poor Mental Health	19.0%
Sad, Blue, or Depressed	16.7%
Worried, Tense, or Anxious	27.9%

61.5%
of providers sleep less than 7 hours of on average in a 24-hour period

Key Findings: Mental Health Indicators

■ All Time ■ Past 12 Months



Number EMS Providers

Key Findings: Mental Health Indicators

Number of EMS Providers Who Reported at Least 1 Negative Mental Health Outcome

All Time

161

77.6%



Past 12 Months

125

59.8%

Key Finding: Agency Mental Health Culture

■ Agree & Strongly Agree ■ Disagree & Strongly Disagree

EMS provider mental health is important to my agency

65.1%

32.5%

My agency provides sufficient mental health support and services for EMS providers

53.6%

42.1%

If needed, I know where to find help within my agency for mental health issues

62.7%

34.4%

If needed, I would feel safe discussing mental health issues with my coworkers

55.5%

41.1%

If needed, I would feel safe discussing mental health issues with my supervisor or upper leadership

55.0%

42.1%

If needed, my coworkers would encourage me to get help for mental health issues

75.1%

22.5%

If needed, my supervisor or upper leadership would encourage me to utilize mental health services

73.7%

23.0%

Next Steps

- ▶ Survey dashboard
- ▶ Investigating additional mental health resources for providers
- ▶ Collaboration
- ▶ vincent.valeriano@vdh.virginia.gov

Scan the QR Code™ with your smartphone to view the full survey results



or use the link below:

<http://bit.ly/EMSMHSurvey2019>