

REMS CRITICAL INCIDENT STRESS MANAGEMENT TEAM
REMS CISM Membership Meeting Minutes
July 13, 2020

Members Present: S. Allen, D. Boyd, C. Brown, P. Copeland, V. Delts, K. DiGravio, C. Jett, L. Knowles, L. Little, A. Milliken, R. Morrison, B. Morrison, K.C. Peterson, K. Rideout, B. Taylor, A. Wilhelm, S. Wright

New Business:

- Shelly Wright spoke about the Recovery place called Transformations Treatment Center in Florida, designed for First Responders
- Myself, Lori Knowles and Lynn Platt went out to Checkpoint One for a private tour in Doswell
- Anyone has time – John Hopkins is offeringK. a free online course on Psychological First Aid: www.wellandgood.com/good-advice/psychological-first-aid-training/ - taught by George Everly of ICISF – and it was one of the best Psychological First Aid classes I have ever taken
- Free Seminar – Cumulative Trauma: The Covert Enemy of First Responders – <https://justiceclearinghouse.com/webinar/cumulative-trauma-the-covert-enemy-of-first-responders/> - Tuesday, July 14, 2020 at 1:00 pm EDT (Melissa Lindsay)

Old Business:

- National Fire Service Behavioral Health Symposium - 10/13 & 14th (Chantilly, VA)
- Chris Brown and I are participating in a project for OEMS called Frontline Wellness Work Group (<http://frontlinewellnessva.org>) - please take the time to go to the website and send us feedback

New Members:

- Angela Wilhelm

Call-Outs:

- 06/09/20 - Stafford (Lifecare)
- 06/08/20 - Stafford (Lifecare) - Follow-up

Training: KC Peterson regarding his trip to NYC with Krucial Staffing

Next Meeting: September 14, 2020

Trisha Copeland
Team Coordinator