



# Rappahannock EMS Council FY2019 Annual Report

[remscouncil.org](http://remscouncil.org)

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# Organizational Background

2016 marked the Council's fortieth year of service! Established in 1976, the Council is a 501(c) (3) not-for-profit organization, mandated by Virginia law, that assists in the planning and coordination of the region's emergency medical services to ensure that the best emergency care possible is available. In addition, we support the emergency providers themselves, providing opportunities for education, testing, and recognition. The Council coordinates all of the region's emergency medical services test sites; provides an EMS lending library for agencies, instructors, and hospitals free of charge in order to promote professional development and ongoing education; and coordinates the development of regional pre-hospital patient care protocols, patient transfer plans, and a regional performance improvement program. We also work with the local community supporting educational outreach, operating a Mobile Integrated Healthcare program, and identifying training needs.



The Council office is located in the City of Fredericksburg, where we lease a building from Mary Washington Healthcare in exchange for an annual in-kind donation. The council completed a major renovation of the building in 2007 which allowed for the creation of the first high-fidelity simulation lab in the region. We continue to maintain this extraordinary training resource, which we utilize for training and share with EMS agencies and providers in the region free of charge.

The Rappahannock EMS Council Board of Directors includes 26 representatives from the region's EMS agencies, jurisdictions, and citizen representation. All EMS agencies in the region are invited as participants on regional committees to offer input in the regional plans and policies produced by the EMS Council.

Our region interacts on a daily basis with the EMS systems in neighboring regions. We border 5 of the 10 other regional EMS Councils in Virginia. We also border Charles County, Maryland, responding into that state as requested.

In June 2019 the State Board of Health and the State Health Commissioner approved the Rappahannock EMS Council, Inc. as the designated EMS Council for a service area formed by the 10 localities of Planning District 9 and Planning District 16 per Virginia Code.

## ***Regional EMS Councils are mandated by Virginia Code § 32.1-111.4:2.***

The Board shall designate regional emergency medical services councils that shall be authorized to receive and disburse public funds. Each such council shall be charged with the development and implementation of an efficient and effective regional emergency medical services delivery system.

The Board shall review those agencies that were the designated regional emergency medical services councils. The Board shall [...] review [...] such designations every three years. In its discretion, the Board may establish conditions for renewal of such designations or may solicit applications for designation as a regional emergency medical services council.

Each regional emergency medical services council shall include, [...] representatives of the participating local governments, fire protection agencies, law-enforcement agencies, emergency medical services agencies, hospitals, licensed practicing physicians, emergency care nurses, mental health professionals, emergency medical services personnel, and other appropriate allied health professionals [...].

# Scope of Report:

This annual report provides operational information concerning the Rappahannock Emergency Medical Services Council, Inc., for the time period of July 1, 2018 through June 30, 2019.

## Mission:

The Rappahannock EMS Council, Inc. exists to facilitate the development and continued operation of a high quality, dedicated, and coordinated emergency response and preparedness system for the Planning District 9 and 16 regions. Our not-for-profit 501 (c)(3) corporation is an integral part of Virginia's comprehensive EMS system.

## Vision:

The **Vision** of REMS is to be consistently recognized as one of the most effective EMS councils in Virginia.

## Staff

Wayne Perry  
*Executive Director*

Margot Moser  
*Office Manager*

Vivian Delts  
*Regional Field Coordinator*

Linda Harris  
*Regional Education Coordinator*

## Faculty

### *Part-Time ALS Faculty*

Waverly Alley

Jarrold Batts

Kenneth Crist

Lisa Davis

Eric Lasky

Robert Usher

Brian Weston

### *Contract BLS Faculty*

Elizabeth Addington

Sue Connors

Wendi Shackelford



# Board of Directors

## Planning District 9

### **Culpeper County**

Phyllis Hurlock—Volunteer EMS

William Ooten—Career EMS

### **Fauquier County**

Mary Hart—Career EMS

Joseph Williams—Volunteer EMS

### **Orange County**

Maurice “Bud” Moody—Volunteer EMS

Nathaniel Mort—Career EMS

### **Rappahannock County**

Jack Atkins—Volunteer EMS

Donald Gore—\* Vice President

## Planning District 16

### **Caroline County**

Susan Dietrich—Volunteer EMS

Mark Garnett—Career EMS

### **City of Fredericksburg**

Mike Jones—Career EMS

Scott Davis—Volunteer EMS

### **King George County**

David Garvin—Volunteer EMS

David Moody—Career EMS

### **Spotsylvania County**

William Harrington—Citizen Representation

Mike Grubb—Career EMS

### **Stafford County**

Lori Knowles—Career EMS

Jeff McClure—Volunteer EMS

## Planning District 17

### **Westmoreland County/Colonial Beach**

Patricia Fitzgerald—Volunteer EMS

## At-Large Representation

Chief RJ Arft—Fauquier County Career

John Brandrup\*—Treasurer (Spotsylvania County Citizen)

Mark Crnarich\*—Secretary, (King George County Citizen)

Kevin Dillard \*—President (Spotsylvania County Citizen)

Fred Messing—Spotsylvania County Citizen

Louise Rollins—Stafford County Citizen

Dr. Tania White—Regional Medical Director



*\*Member of the Executive Committee*

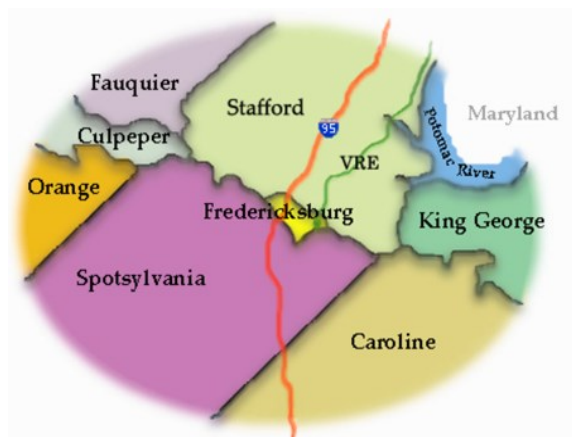


# Regional EMS System

The Rappahannock EMS Council provides regional planning and technical support services to a geographic area encompassing planning districts 9 and 16 with a population of over 500,000. The region is diverse with civilian and military industry, including seven airports, the Marine Corps Base Quantico, the Naval Support Activity South Potomac shore command center at Dahlgren, Fort A.P. Hill, and endless highways and commuter routes. The region includes the counties of Caroline, Culpeper, Fauquier, Orange, Rappahannock, Spotsylvania, and Stafford; the city of Fredericksburg and the Town of Colonial Beach. This 2,700 square mile region extends from urban to very rural areas and includes major transportation arteries such as Interstate 95, Interstate 66, U.S. Route 301, U.S. Route 29, U.S. Route 17, and U.S. Route 1.

Serving this region are 5 acute-care hospitals, 1 free-standing emergency department, and numerous urgent care centers. Included in this is a Level II Trauma Center, two survey-reported Level 2 Stroke Centers, one Initial Entry Access Level 4 stroke center, over 50 EMS agencies (government, volunteer, federal, non-profit, commercial, and industrial), over 3,200 EMS providers, almost 220 licensed EMS vehicles, and one licensed aeromedical agency.

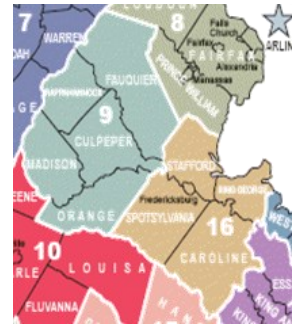
There are 46 EMS agencies in the Rappahannock EMS Council region which is 7% of the total agencies across the Commonwealth of Virginia. These local agencies are paired with 8 emergency physicians who provide operational medical control that is required by the Code of Virginia. There are 3,292 certified EMS providers in the REMS region which comprise almost 9% of the providers in Virginia. These providers answer nearly 50,000 calls annually and are practicing at the following levels in the REMS region:



♦ First Responder:	16
♦ EMT-Basic:	2,267
♦ AEMT:	103
♦ EMT-Intermediate:	195
♦ EMT-Paramedic:	711

# Regional Coordination & Planning

The Council utilizes Regional Strategic EMS Plan with established strategies and initiatives to provide the Council and staff guidance in the continued development and improvement of the regional Emergency Medical Services System over time. This document is not a recipe for day-to-day management or oversight activities; it represents a broad-brush approach addressing the bigger picture surrounding the provision of services and coordination of interactions between stakeholders.



## *Core Council Strategies*

1. Develop and effectively utilize partnerships/relationships with healthcare/EMS providers, governments, and communities.
2. Help coordinate and assist in regional emergency and disaster planning.
3. Strengthen regional EMS provider supply, education and training.
4. Strengthen the REMS Council's resources and infrastructure.
5. Help coordinate and actively participate in improving community emergency preparedness and selected related health initiatives.

## *Committee & Advisory Board Representation*

### Regional Committee Structure



The Council facilitates 15 regional committees with a total of more than 200 members. Membership consists of area EMS providers, citizens, physicians, hospital staff, and representation from various other health organization such as the American Heart Association. These committees are guided by the Strategic EMS Plan, help integrate the operations of various agencies in our service area, and steer the development of regional plans and policies. The REMS Board of Directors has oversight over all committees.

As illustrated on the left, Council committees work collaboratively, with each committee focusing on a particular topic and regional plan.



# Regional Committee Leadership

Executive Committee .....	Kevin Dillard, President
By-Laws Committee.....	Donald Gore, Chairperson
CISM Committee .....	Patricia Copeland, Team Coordinator
Finance Committee. ....	John Brandrup, Treasurer
Grants Committee .....	Kevin Dillard, President
Guidelines and Training Committee .....	John Brandrup, Chairperson
Heart and Stroke Committee .....	Lori Knowles, Chairperson
Incident & Threat Mitigation.....	William Harrington, Chairperson
Medical Direction Committee .....	Dr. Tania White, Regional Medical Director
Nominating Committee.....	Kevin Dillard, Chairperson
Performance Improvement Committee.....	Mark Crnarich, Chairperson
Personnel Committee.....	David Moody, Chairperson
Pharmacy Committee.....	Joey King, Chairperson
Strategic Planning Committee.....	Fred Messing, Chairperson

*Council staff represent our service area at meetings of the Regional Director's Group, Financial Assistance Review Committee (FARC), Virginia Association of Governmental EMS Administrators (VAGEMSA), National Highway Traffic Safety Administration—National EMS Advisory Council (NHTSA-NEMSAC), and Virginia Heart Attack Coalition (VHAC).*

*Staff also attends EMS on the Hill Day as well as the Mobile Integrated Healthcare Summit.*

The Rappahannock EMS Council also interacts extensively with the Virginia Office of Emergency Medical Services and state committees to provide an avenue for the sharing of information between and among said state bodies and regional committees, working towards statewide system improvement and enhancements.

# State Committee Representation

Financial Assistance Review Committee .....	Kevin Dillard, REMS Board of Directors
EMS Governor's Advisory Board .....	Lori Knowles, REMS Board of Directors
Regional Director's Group.....	Wayne Perry, REMS Council
Virginia Medical Direction Committee.....	Dr. Tania White, Regional OMD
Virginia Trauma Oversight Committee .....	Dr. Donald Kauder
Provider Health and Safety Committee .....	Wayne Perry, REMS Council
TSOMC Pre-Hospital Trauma Taskforce.....	Wayne Perry, REMS Council
Virginia State Stroke Taskforce .....	Greg Leitz, REMS Council
Virginia State Stroke Performance Improvement Committee .....	Greg Leitz, REMS Council

# Regional Services

## *Protocol, Policies, and Procedures*

### **PRE-HOSPITAL PATIENT CARE PROTOCOLS**

BASIC LIFE SUPPORT/ADVANCED LIFE SUPPORT



Board Approved June 2017

Rappahannock EMS Council  
435 Hunter Street  
Fredericksburg, VA 22401

The Rappahannock EMS Council develops and provides the region with Advanced Life Support (ALS), Basic Life Support (BLS), Pediatric, and Weapons of Mass Destruction (WMD) patient care protocols, policies, and procedures for all local governments, EMS agencies, EMS providers, EMS physicians, and hospitals in the region. The Regional Patient Care Protocols are reviewed and adopted by the Regional Medical Direction committee as a regional template and guide to the provision of pre-hospital emergency medical care.

The Council maintains a Protocol Subcommittee under the Regional Medical Direction Committee that drafts new and revises existing protocols, policies, and procedures. Through their work, the Protocol Subcommittee ensures

that these regional protocols, policies, and procedures continue to meet national standards and reflect changing medical knowledge, effective therapeutic modalities, and continually improving provider knowledge and skill level. The committee maintains a Protocol Manual, a document that presents effective and accurate patient treatment in an organized manner. The Protocol Subcommittee began the triennial revision of the regional protocols in FY 2019.

## *Regional Medical Direction*

The REMS Council coordinates a Regional Medical Direction Committee which develops, implements, and improves programs of medical control and accountability. In addition to coordinating and developing regional patient care protocols, they provide medical oversight for education and testing for all levels of emergency medical service certification within the region. The policies and protocols for the region are the basis for the legal standard of care for the provision of pre-hospital emergency medical care within the geographic boundaries of the Rappahannock Region.

### In FY 2019, REMS:

- ◆ Coordinated the endorsement of several OMDs
- ◆ Maintained a Scope of Service and signed contract with the Regional Medical Director, Dr. Tania White
- ◆ Maintained and processed OMD agreements for EMS agencies throughout the region
- ◆ Maintained and updated the Regional Patient Care Protocols
- ◆ Held Regional Medical Direction Committee meetings quarterly, led by the Regional Medical Director. Topics included regional patient care; evidence-based medicine; QI and safety issues; drug shortages; and EMS physician updates

# *Operational Medical Directors*

## **Dr. Jeffrey Alberts** *Orange County*

- Orange County Dept. of Emergency Services

## **Dr. Todd Bennett** *Rappahannock County*

- Chester Gap Volunteer Fire Department

## **Dr. Jordan Crovatin** *Culpeper County*

- Brandy Station Volunteer Fire Department
- Culpeper County Office of EMS
- Culpeper County Rescue Squad
- Rapidan Volunteer Fire Department
- Reva Volunteer Fire and Rescue
- Richardsville Volunteer Fire and Rescue
- Salem Volunteer Fire Department

## **Dr. Robert Fines** *Stafford County*

- Aquia Harbour Volunteer Rescue Squad
- Brooke Fire Safety Association
- Hartwood Volunteer Fire Department
- Rockhill Volunteer Rescue Squad
- Rockhill Volunteer Fire Department
- Stafford County Fire and Rescue Dept.
- Stafford Volunteer Rescue Squad
- White Oak Volunteer Fire Department
- White Oak Volunteer Rescue Squad
- Widewater Volunteer Fire and Rescue

## **Dr. Douglas Johnson** *Caroline, King George, and Westmoreland Counties*

- Bowling Green Volunteer Rescue Squad
- Caroline County Dept. of Fire & Rescue
- Colonial Beach Volunteer Rescue Squad
- Colonial Beach Volunteer Fire Department
- King George Dept. of Fire, Rescue, & EMS
- King George Fire and Rescue

- Oak Grove Volunteer Fire Department
- Westmoreland County Dept. of Emergency Services
- Fort AP Hill
- Naval Support Activity South Potomac—Dahlgren

## **Dr. Michael Jenks** *Fauquier County*

- Amissville Volunteer Fire/Rescue Company
- Castleton Community Vol. Fire Department
- Catlett Volunteer Fire/Rescue
- Fauquier County Fire/Rescue
- Goldvein Volunteer Fire/Rescue
- Little Fork Volunteer Fire/Rescue Company
- Lois Volunteer Fire Department
- Marshall Volunteer Rescue Squad
- New Baltimore Volunteer Fire Company
- Orlean Volunteer Fire Company
- Remington Volunteer Fire/Rescue Dept.
- Sperryville Volunteer Rescue Squad
- The Plains Volunteer Fire Company

## **Dr. Andy Reese** *City of Fredericksburg*

- Fredericksburg Fire Department
- Fredericksburg Rescue Squad
- LifeCare Medical Transports, Inc.

## **Dr. Colleen Rickabaugh** *Spotsylvania County*

- Spotsylvania County Fire and Rescue
- Spotsylvania Volunteer Rescue Squad
- Chancellor Volunteer Fire and Rescue



# *Regional Medical and EMS Supplies Restocking*

The Rappahannock EMS Council provides a Regional Medication and EMS Supplies Restocking Agreement between all EMS agencies and the community hospitals with full-service emergency departments within the region. This agreement meets all current federal regulations and describes the region's restocking procedures between the REMS Council region hospitals and EMS agencies. The Agreement is maintained by the Council's full-time Regional Systems Coordinator, with annual approval by the REMS Board of Directors.

In FY 2019, REMS:

- Provided hospitals in PD 16 with single-use narcotic security bags for the Regional Medication Exchange Program
- Maintained and updated regional medication and EMS supplies restocking agreements with each of the five hospitals in our service area
- Served as liaison between EMS agencies, medical directors, and emergency department nurse managers in the exchange of supplies and equipment
- Reviewed and maintained the Regional Medication Exchange Program
- Worked collaboratively with Pharmacy Committee members on the maintenance of STAT Kits
- Assisted agencies by filing Controlled Substance Registrations with area hospitals
- Maintained EMS Medication Shortage list on website; distributed information regarding Regional Medical Director approved alternatives



## *Medication Kit Standardization and Exchange*

There are over 100 Medication Kits (also known as “drug boxes”) maintained by the Council and regional hospital pharmacies throughout the region in support of the standard of care identified in the Regional Patient Care Protocols.

While agencies may purchase alternative kits when operating under a one-for-one exchange, the Council provides the initial and replacement boxes as well as system oversight. The contents of the drug boxes are restocked after use and owned by the region's hospital pharmacies. The Regional Pharmacy and Medical Direction Committees develop the content lists for drug boxes, one-for-one exchange options, and the related protocols. All EMS agencies within the region participate in the Council's Regional Medication Kit Exchange Program. The Council's Regional Systems Coordinator is responsible for the contracts, inventory lists, and the process and distribution of the region's drug boxes as they are added to the system.

# *EMS Performance Improvement*

*In FY 2019, the Performance Improvement Committee reviewed agency data on the following topics:*

- Agency transitions to VPHIB V3
- Medical Record Number recording
- Advanced Skills Tracking
- Narcan Administration
- Stroke Patient Assessments
- Trauma Patient Assessments

The Rappahannock EMS Council maintains an ongoing Performance Improvement Program that regularly assesses EMS system performance in order to provide the information needed for continuous quality improvement in pre-hospital emergency medical care and outcomes. The Council's EMS performance improvement work is led by its multi-disciplinary Performance Improvement (PI) Committee (a combination of providers across the care continuum) that is responsible for assuring and improving the quality of pre-hospital care provided within the region. The Committee is also responsible for assisting hospitals, the Medical Direction Committee, and citizens or EMS providers with medical case review, evaluating patient care and system performance data, and conducting studies and investigations.

## *Mass Casualty Incident Support*

The Rappahannock EMS Council provides coordination and assistance with mass casualty planning and training on local, regional, and state levels. In conjunction with the Virginia Office of EMS, the Virginia Department of Emergency Management, and local emergency preparedness leadership, the Council provides and updates a Regional Mass Casualty Incident (MCI) Plan and Guide for all EMS agencies, EMS providers, EMS physicians, and hospitals in the region. The Regional Plan and Guide incorporate the Virginia Triage Tag as well as the Simple Triage and Rapid Treatment (START) and JumpSTART (pediatric) patient triage processes adopted by the Commonwealth of Virginia. The Council provides MCI exercise planning and evaluation and MCI training upon request throughout the region. The Council also works with the Northern Virginia Hospital Alliance, the Regional Hospital Coordinating Center, and the Virginia Hospital and Healthcare Association to monitor the Regional Hospital Diversion Plan.

FY 2019 Accomplishments:

- Reviewed and revised the EMS Mass Casualty Incident Plan
- Maintained strategic partnership with Northern Virginia Hospital Alliance (NVHA), Mary Washington Healthcare, and Spotsylvania Regional Medical Center
- Updated resource listing of regional surge plan and mass casualty resources



Board member Pat Fitzgerald as a patient for a Mass Casualty Incident Drill



- Fostered working relationships between and among the Department of Health, Department of Emergency Management, American Red Cross, Medical Reserve Corps, Regional Hazardous Materials Team, law enforcement, emergency management coordinators, and other agencies in the region.
- Reviewed and maintained the regional Trauma Triage Plan.
- Reviewed and published Hospital Diversion Plan
- Provided resources and information in preparation and planning for pandemic events (Ebola Virus, Zika, Flu)
- Participated in Surge Planning for the region.



## *Critical Incident Stress Management*

The Rappahannock EMS Council supports and manages one of the fifteen Critical Incident Stress Management (CISM) Teams recognized by the Commonwealth of Virginia. The CISM teams provide critical support to the entire emergency services community, including police, fire, emergency medical services, emergency communications, or hospital emergency department personnel who experience psychologically traumatic events or suffer from the effects of cumulative events. The Rappahannock CISM Team also provides services to members of the community involved in similar events. Team members provide pre-incident education, on-site support and demobilization, post-incident defusing, psychological first aid, and peer-to-peer support and debriefing. The multi-faceted team includes representatives from not only the public safety sector, but also clergy, counselors, psychological professionals, and other members of the community at large. The Council coordinates a 24-hour dispatch center to provide coverage around-the-clock throughout the year.

***CISM Services may be requested by calling 540-752-5883***

In FY2019, REMS:

- Coordinated a state accredited regional CISM team consisting of more than 50 volunteer mental health and peer public safety debriefers
- Conducted 5 membership training sessions and 9 outreach training sessions
- The REMS CISM team responded to 44 calls for service during FY2019 and made contact with approximately 393 people.

## *Stress First Aid Training*

In addition to CISM services, the Council offers Stress First Aid training to agencies within our service area and promotes the Code Green Campaign.

For information about SFA training, please contact Wayne at [wperry@vaems.org](mailto:wperry@vaems.org). Additional information about the Code Green Campaign may be found at [codegreencampaign.org](http://codegreencampaign.org)



# *Regional Awards Program*

Each year the Rappahannock EMS Council conducts a Regional Awards Program. These awards recognize the unique and essential role EMS plays in the community, and honors the individuals and agencies that have made a significant contribution to EMS in the region. Regional award winners are nominated for the state's Governors EMS Awards. The 2019 Regional Awards were held at the John F. Fick III Conference Center on June 11, 2019, and were sponsored by Mary Washington Healthcare.

## 2019 Regional Award Winners



### **Excellence in EMS**

Lori Knowles, Stafford County Fire and Rescue



### **Outstanding Prehospital Provider**

Brian Zehring, Culpeper County EMS

### **Outstanding EMS Administrator**

Cheree Hogan, Richardsville Volunteer Fire & Rescue

### **Outstanding EMS Physician**

Dr. Douglas Johnson, Mary Washington Healthcare



### **Nurse with Outstanding Contribution to EMS**

Heather Withall, Stafford Hospital

### **Outstanding Contribution to EMS Health and Safety**

Rappahannock EMS Council Critical Incident Stress Management (CISM) Team

### **Outstanding Contribution to EMS Emergency Preparedness and Response**

LifeCare Medical Transports

### **Outstanding Telecommunications Dispatcher**

Joell Kight, Fauquier County



### **Outstanding Pre-hospital Educator**

Linda Harris, Rappahannock EMS Council

### **Outstanding EMS Agency**

Stafford County Fire and Rescue

### **Outstanding Contribution to EMS for Children**

Virginia Association of Volunteer Rescue Squads, District 10—Fall Rescue Camp



### **Outstanding Contribution to EMS by a High School Senior**

Alexander Dillard, LifeCare Medical Transports

# Rescue Squad Assistance Funds

The Council promote the Rescue Squad Assistance Fund grant program. In FY 2019, the Council provided technical support to all applicants in the region; provided to OEMS standardized grading for regional RSAF grant applications; and attended the Financial Assistance Review Committee meetings to support regional RSAF applicants.

## *Fiscal Year 2019 Awards*

Caroline County Department of Fire and Rescue	\$5,000.00
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- 1 Recruitment video and billboard

Flint Hill Volunteer Fire and Rescue Company	\$40,582.99
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- 1 Power Load System and Power Cot
- 1 LifePak 15

King George County Fire and Rescue	\$50,442.00
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- 5 Zoll X Series Defibrillators

Lake of the Woods Volunteer Fire & Rescue	\$182,605.60
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- 2018 Type 1 4WD Ambulance

Rappahannock County Sheriff's Office	\$28,087.80
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- 15 LifePack 1000's

Richardsville Volunteer Fire Department & Rescue Squad	\$69,385.76
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- 1 Stryker PowerLoad System

Spotsylvania County Sheriff's Office	\$5,450.00
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- 5 LifePak 1000

Planning District 9 Totals	RSAF Cycle #1:	\$223,188.59
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	RSAF Cycle #2:	\$ 97,473.56
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Planning District 16 Totals	RSAF Cycle #2:	\$ 60,892.00
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<b>REMS Service Area Total:</b>	<b>\$381,554.15</b>
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# Regional Education

## *Regional Training and Simulation Center*

The REMS Council manages and maintains a Regional Training and Simulation Center. This Center is equipped with more than one-quarter million dollars in equipment for basic and advanced training.

This equipment includes high-fidelity human patient simulators: two adult “Sim-Man”; one pediatric “SimBaby”; one pediatric “SimNewB”; one Sim Junior; one MegaCode Kid; one obstetric “Noelle”; and one adult “AirMan”. The Training Center also includes five advanced training labs, three of which have audio/visual recording capabilities.

The REMS Council has its own training program, through which we offered Continuing Education for providers up to the National Registry Paramedic level.

In FY 2019, REMS:

- Renewed or established clinical affiliation agreements at six facilities, which are utilized by EMS agencies throughout the region.
- Maintained 45 field affiliation agreements, which are also utilized by EMS agencies throughout the region.

## *Continuing Education*

The Council helps providers maintain up-to-date training and certifications. Each year, Council staff assists agency training officers with course announcements and continuing education requirements; maintains a regional web-based training calendar; processes continuing education hours for individuals completing training and courses at other training sites; serves as a clearinghouse for regional and state EMS information, posters, calendars, and other public relation and recruitment materials; sends out updates regarding legislation; publishes and distributes various flyers for courses, service offerings, and training events; and assists EMS providers with their National Registry ALS and state EMT CEU re-certification and testing questions.

In FY 2019, REMS:

- Supported Advanced Cardiac Life Support, Pediatric Advanced Life Support, and Basic Life Support/CPR classes in partnership with the Mary Washington Hospital AHA Training Center.
- Offered ALS and BLS continuing education
- Hosted more than 200 hours of training
- Participated in the planning and coordination of the Symposium which has over 1,800 attendees per year.

## *Instructor Services*

In FY2019, the Rappahannock EMS Council endorsed ALS coordinators for recertification. The Council also electronically provided updated material to EMS instructors and coordinators across our service area. Two instructor meetings were held, one in Planning District 9 and one in Planning District 16. The agenda for these meetings consisted of discussion of changes to OEMS regulations concerning training and certification.

The Council also maintains and continually expands an EMS library, which includes EMSAT videos, textbooks, and other educational resources for free use by area agencies.

## Regional Testing

The Council coordinates the testing of EMS providers for initial certification at both the basic and advanced life support levels. The Council developed and distributed a yearly testing schedule; registered all test candidates; and coordinated all technical aspects of testing events, including the procurement of a facility, resource provision, and staffing. The Council also maintains, inventories, and stocks adequate equipment and supplies to administer all regional test sites.

In FY2019:

- Developed and posted a testing schedule of times, dates, and locations.
- Provided staff support as evaluators, managers, and fill-in examiners
- Assisted candidates with the registration process
- Utilized a web-based test site registration system to coordinate provider testing
- Conducted 12 CTS, serving 406 candidates
- Conducted 4 ALS NR exams, serving 47 candidates

### Fiscal Year 2019 Regional Testing

12

Consolidated  
Test Sites

406

Providers  
Tested

5 Locations

3

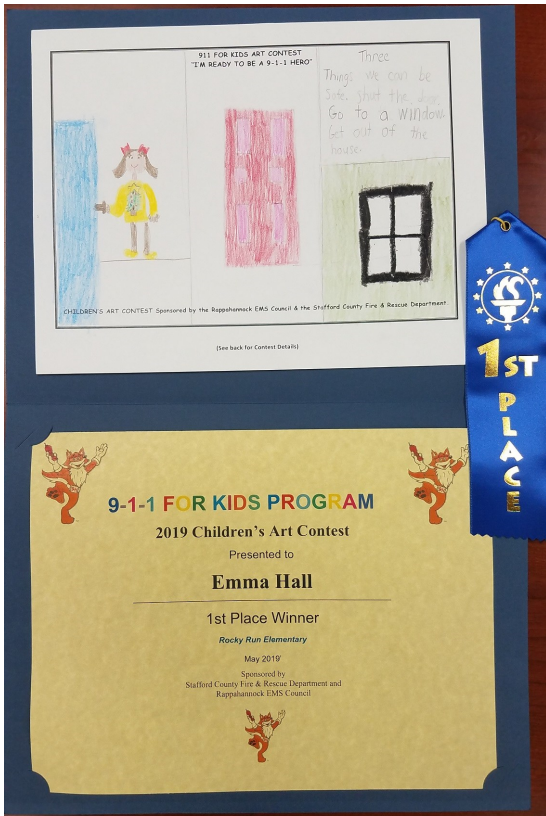
ALS NR  
Exams

47

Providers  
Tested

# Community Education & Awareness

The Council is an active member of the Rappahannock United Way and participates in CFC and CVC events, interacting with the public and educating them about the Council and EMS in general. As a member agency, the Council also participates in the annual “Day of Action,” during which United Way sends volunteers to complete tasks for its member agencies.



## *Youth Outreach*

The Council facilitated the annual 9-1-1 for Kids Program in Stafford and Culpeper Counties. “9-1-1 for Kids” educates second-grade students about how and when to call 9-1-1. The program served 1,224 second-grade students in FY 2019.

*To the left, an illustration from our 9-1-1 For Kids Art Contest.*



## *Caroline County Mobile Integrated Healthcare*

Mobile Integrated Healthcare-Community Paramedicine is defined as “the provision of healthcare using patient-centered, mobile resources in the out-of-hospital environment.” This may include increasing access to healthcare in underserved areas, providing telephone advice to 9-1-1 callers instead of resource dispatch, using EMS practitioners for management of high healthcare system utilizers, and transport or referral of patients to appropriate care. Mobile Integrated Healthcare programs are intended to decrease strain on the healthcare system by preventing hospital readmissions and overuse of Emergency Departments.

In June of 2016, the Council implemented its Caroline County Pilot Mobile Integrated Healthcare Program. This program is funded by a grant from the Virginia Department of Health, Office of Minority Health and Health Equity. Services include patient transport to and from regular appointments, referrals to patient assistance programs, a community garden, and education about leading a healthy lifestyle. Thus far, the Council has served twelve patients and plans to expand services in the future.

# *REMS Council—Statement of Activity*

July 1, 2018—June 30, 2019

## Revenue

### 3100 Comm. of VA

3110 EMS Training Funds	4,922.30
3140 Consolidated Testing	8,825.00

**Total 3100 Comm. of VA** **13,747.30**

3210 United Way	1,481.16
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### 3300 Local Government

3310 Caroline County	8,794.00
3320 City of Fredericksburg	7,500.00
3330 King George County	7,391.00
3340 Orange County	10,484.00
3350 Spotsylvania County	12,000.00
3360 Stafford County	25,000.00
3370 Westmoreland County (Col. Beach)	1,068.00
3380 Fauquier County	8,500.00
3390 Rappahannock County	2,184.00
3395 Culpeper County	15,200.00

**Total 3300 Local Government** **98,121.00**

### 3400 Fund Raising

3410 Golf Tournament	12,912.00
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**Total 3400 Fund Raising** **12,912.00**

3450 Misc. Income	72.70
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3500 Interest	4.09
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### 3600 Training Income

3607 Consolidated Testing	18,923.88
3615 Miscellaneous	1,000.00



# *REMS Council—Statement of Activity*

July 1, 2018—June 30, 2019

3632 Evaluator Course	150.00
3634 NREMT Testing	11,806.95
3635 Cadaver Lab Fee	2,154.00
<b>Total 3600 Training Income</b>	<b>34,034.83</b>
Sales	250,618.72
<b>Total Revenue</b>	<b>\$410,991.80</b>
<b>GROSS PROFIT</b>	<b>\$410,991.80</b>

## Expenditures

4025 Auto Expense	8.40
4026 Fuel	892.91
4027 Other	250.37
<b>Total 4025 Auto Expense</b>	<b>1,151.68</b>
4050 Bank Service Charges	207.46
4100 BOD Expenses	76.95
4150 CISM Team	85.00
4155 Computer Software	
5902 Website	1,358.30
<b>Total 4155 Computer Software 1,358.30</b>	
4200 Consol. Testing	
4215 School Use Fee	1,131.84
4217 Supplies - CTS	21.99
4220 Equipment	90.52
4230 Evaluators	6,360.00
4240 Moulage	1,166.90

# *REMS Council—Statement of Activity*

July 1, 2018—June 30, 2019

4245 Assistants	1,280.00
4250 Patients	3,860.00
4255 NREMT Testing	
4256 Evaluators	3,500.00
4257 Patients	720.00
4258 Assistants	680.00
4260 Moulage	355.71
4262 Supplies/Misc.	510.78
4263 Equipment	2,050.00
<b>Total 4255 NREMT Testing</b>	<b>7,816.49</b>
4350 Credit Card Transaction Fees	1,595.26
<b>Total 4200 Consol. Testing</b>	<b>23,323.00</b>
4450 Dues & Subscriptions	2,636.49
4500 Equipment Rental	
4504 Cell Phones	1,515.00
<b>Total 4500 Equipment Rental</b>	<b>1,515.00</b>
4530 Fundraising	
4540 Golf Tournament	4,594.59
4545 Marketing	1,119.29
<b>Total 4530 Fundraising</b>	<b>5,713.88</b>
4550 Gifts	870.38
4600 Insurance	8.00
4601 D&O Liability	696.82
4602 Office Contents	3,849.02
4603 Workers Comp	1,784.50
4604 Auto	2,638.10

# *REMS Council—Statement of Activity*

July 1, 2018—June 30, 2019

<b>Total 4600 Insurance</b>	<b>8,976.44</b>
4625 Interest Expense	251.74
4650 Licenses & Permits	150.00
4700 Maintenance Contracts	
4701 Copier	2,071.82
4704 Lawn Care	441.29
4705 Custodial	5,882.86
4706 Pest Control	866.00
4707 HVAC	1,794.00
<b>Total 4700 Maintenance Contracts</b>	<b>11,055.97</b>
4800 Miscellaneous	252.02
4875 Office Equipment/Furnishings	305.74
4900 Office Supplies	940.81
4950 Payroll Taxes	59.59
5000 Personnel	
5010 Benefits	49,499.35
<b>Total 5000 Personnel</b>	<b>49,499.35</b>
5050 Postage & Delivery	539.19
5100 Printing & Copying	213.98
5150 Professional Fees	35.00
5151 Accounting	9,708.50
<b>Total 5150 Professional Fees</b>	<b>9,743.50</b>
5173 Regional Med Boxes	544.20
5300 Repairs	
5310 Computers	140.21
5320 Equipment/Bldg/Other	6,933.79

# *REMS Council—Statement of Activity*

July 1, 2018—June 30, 2019

<b>Total 5300 Repairs</b>	<b>7,074.00</b>
5325 Scholarship Program	1,000.00
5350 Software	260.00
5400 Telephone	
5157 Video Teleconferencing	376.93
5420 Local/Long Distance/DSL	2,291.54
<b>Total 5400 Telephone</b>	<b>2,668.47</b>
5600 Training Programs	
5206 Other/Misc. BLS	21.00
5610 ALS Internship	
5611 Contract Labor	572.00
<b>Total 5610 ALS Internship</b>	<b>572.00</b>
5613 Cadaver Lab Fees	2,068.00
5690 Misc. Training Expenses	0.00
<b>Total 5600 Training Programs</b>	<b>2,661.00</b>
5800 Travel & Meetings	
5801 Conferences	8,152.06
5802 Lodging	1,739.36
5803 Meals	1,664.71
5804 Mileage	7,219.46
<b>Total 5800 Travel &amp; Meetings</b>	<b>18,775.59</b>
6000 Utilities	
6001 Gas & Electric	6,281.10
6002 Water	2,253.08
<b>Total 6000 Utilities</b>	<b>8,534.18</b>

# *REMS Council—Statement of Activity Continued*

July 1, 2018—June 30, 2019

6050 Vending	184.90
6200 Wages	<b>219,434.45</b>
6262 Administrative Assistant	5,488.77
6560 Payroll Expenses	19,050.69
Wages	5,154.27
<b>Total 6560 Payroll Expenses</b>	<b>24,204.96</b>
Uncategorized Expenditure	57.50
<b>Total Expenditures</b>	<b>\$409,814.49</b>
<b>NET OPERATING REVENUE</b>	<b>\$1,177.31</b>
 Other Revenue	
Amazon Smile program	19.39
<b>Total Other Revenue</b>	<b>\$19.39</b>
 Other Expenditures	
Reconciliation Discrepancies	123.81
<b>Total Other Expenditures</b>	<b>\$123.81</b>
<b>NET OTHER REVENUE</b>	<b>\$ -104.42</b>
<b>NET REVENUE</b>	<b>\$1,072.89</b>



## EMS COUNCIL INC.

435 Hunter Street | Fredericksburg, VA | 22401

540-373-0249 | 540-373-0536 (fax) | [remscouncil.org](http://remscouncil.org)

The Rappahannock EMS Council was chartered in 1976 under the laws of the Commonwealth of Virginia and is a private, not-for-profit, tax-exempt organization as described in section 501(c)3 of the Federal IRS code.

Donations to the Council are tax deductible.

Federal Employer ID Number: 54-1038962 | Duns and Bradstreet 014540796  
Guidestar—"Rappahannock EMS" or EIN