

REMS CRITICAL INCIDENT STRESS MANAGEMENT TEAM
Membership Meeting
November 9, 2020

Present: S. Allen, D. Boyd, C. Brown, P. Copeland, J. Crolet, K. DiGravio, V. Delts, C. Jett, L. Knowles, M. Lindsay, L. Brown, K. Matikonis, A. Milliken, B. Morrison, R. Morrison, L. Platt, K. Rideout, B. Taylor, J. Toellner, J. Vitaletti

New Business:

- ICISF is going virtual for the time being. The December conference has been cancelled, but they will be doing a couple of Instructor courses as virtual. They also asking the Instructors to start teaching classes virtually.

Old Business:

- Anyone has time – John Hopkins is offering a free online course on Psychological First Aid: www.wellandgood.com/good-advice/psychological-first-aid-training/ - taught by George Everly of ICISF – and it was one of the best Psychological First Aid classes I have ever taken
- Free Seminar – Cumulative Trauma: The Covert Enemy of First Responders – <https://justiceclearinghouse.com/webinar/cumulative-trauma-the-covert-enemy-of-first-responders/> - Tuesday, July 14, 2020 at 1:00 pm EDT (Melissa Lindsay)
- Training: 09/30 - Comprehensive Strategies for Preventing Law Enforcement Suicide (Webinar)
- National Fire Service Behavioral Health Symposium - 10/13 & 14th (Chantilly, VA) Cancelled

New Members:

- Angela Wilhelm

Call-Outs:

- 07/24 - Caroline - Defusing (MVA) -6 (Rideout, Allen (Winston), Morrisons (Astra), Leitz, DiGravio)
- 07/25 - Caroline - 1:1 (Rideout)
- 08/23 - Stafford (Lifecare) - 1:1 (Copeland)
- 08/27 - Stafford - Fire (1:1) - (Jett)
- 09/13 - Stafford - Drowning (Copeland (Baby), Knowles (Beo))
- 09/22 - Stafford - Funeral (Copeland (Baby), Bob Morrison (Astra))
- 09/23 - Stafford - 1:1 (Brown)
- 09/26 - Stafford - Drowning (Copeland (Baby), Knowles (Beo))
- 09/27 - Stafford - Drowning (Copeland)
- 09/28 - Stafford - Recruit Academy - CISM (Jett)
- 10/07 – Spotsylvania – Recruit Academy (Jett)
- 10/10 – Stafford – 1:1 (Jett)
- 10/10- Fredericksburg - AFSP Walk (Suicide Prevention) (Copeland)
- 10/14 - Fauquier - CISM Training (Wright)
- 10/15 – Stafford – Ped CPR (Jett)
- 10/16 - Colonial Beach - Funeral (Morrison's (Astra))
- 10/26 – 1:1 Referral- (Jett)
- 11/07 – Caroline – 1:1 (Rideout)
- 11/09 – Stafford – CPR (Jett)

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Training: <https://www.youtube.com/watch?v=H01YBYJy98w> - **Next Meeting: January 11, 2021**

Trisha Copeland
Team Coordinator