



Rappahannock Emergency Medical Services Council, Inc.

*Serving Caroline, Colonial Beach, Culpeper, Fauquier, Fredericksburg,
King George, Orange, Rappahannock, Spotsylvania and Stafford*

MEMORANDUM

TO: All REMS Council EMS Agencies, EMS Physicians, and EMS Providers

FROM: Dr. Tania White, REMS Council Regional OMD

DATE: October 22, 2024

SUBJECT: **Temporary Protocol to address shortages due to hurricane Helene**

Operational Guidance: Effective immediately, the following changes to the REMS Council Pre-Hospital Patient Care Protocols are implemented until further notice.

1. Conserve Flushes:

1. Explore alternative administration routes for medications, such as IM/IN.
2. Only start IVs if you intend to administer medication and an alternative route is not feasible.
3. Use flushes instead of hanging fluid.

2. Critical Patients:

1. For patients in hemorrhagic shock or with GI bleeds, where available, consider blood administration.
2. For patients in shock with a systolic BP < 90 mmHg and tachycardia, proceed with fluid administration.

3. IV fluids should be withheld for all other patients.

DS
DTW